

Ossining Senior Services

| May 2022 | | | | |
|--|---|--|---|--|
| Monday | Tuesday | Wednesday | Thursday | Friday |
| 2 | 3 | 4 | 5 | 6 |
| 10:30-11:30pm BINGO 12:00pm LUNCH CRISPY BAKED FISH | 12:00pm LUNCH BEEF & PEPPER STEAK 1:00pm GOLDEN AGE | 10-11am CHAIR YOGA 12:00pm LUNCH BONELESS BREADED PORK CHOP 12:30pm CROTON SHOP-RITE | 10:30-11:30am LINE DANCING 12:00pm LUNCH MEXICAN LASAGNA | 10-11am ARTS & CRAFTS 12:00pm LUNCH CHICKEN CUTLET MARSALA |
| 9 | 10 | 11 | 12 | 13 |
| 10:30-11:30pm BINGO 12:00pm LUNCH SALISBURY STEAK | MOTHER'S DAY LUNCHEON 12:00pm LUNCH CHICKEN CORDON BLEU 1:00pm GOLDEN AGE | 10-11am CHAIR YOGA 12:00pm LUNCH STUFFED SHELLS 12:30pm CROTON SHOP-RITE | 10:30-11:30am LINE DANCING 12:00pm LUNCH TURKEY A LA KING | 10-11am ARTS & CRAFTS 12:00pm LUNCH SOLE FLORENTINE |
| 16 | 17 | 18 | 19 | 20 |
| 10:30-11:30pm BINGO 12:00pm LUNCH MAC & CHEESE | 12:00pm LUNCH SALMON PATTY 1:00pm GOLDEN AGE | 10-11am CHAIR YOGA 10-12 SALUTE TO SENIORS 12:00pm LUNCH MEATLOAF | 10:30-11:30am LINE DANCING 12:00pm LUNCH HERBED LEMON CHICKEN 12:30pm CROTON SHOP-RITE | 10-11am ARTS & CRAFTS 12:00pm LUNCH QUICHE LORRAINE |
| 23 | 24 | 25 | 26 | 27 |
| 10:30-11:30pm BINGO 12:00pm LUNCH ITALIAN CHICKEN SAUSAGE | 9:00am WALMART TRIP 12:00pm LUNCH TUNA NOODLE CASSEROLE 1:00pm GOLDEN AGE | 10-11am CHAIR YOGA 12:00pm LUNCH ROAST TURKEY 12:30pm CROTON SHOP-RITE | 10:30-11:30am LINE DANCING 12:00pm LUNCH GERMAN STYLE PORK CHOP | 10-11am ARTS & CRAFTS 12:00pm LUNCH BAKED ZITI W/ GROUND BEEF |
| 30 | 31 | 29 | 30 | 31 |
| CLOSED MEMORIAL DAY | 12:00pm LUNCH 1:00pm GOLDEN AGE | | <i>*If you have a FOOD ALLERGY, please inform the Nutrition Program Manager</i> | |