

# Ossining Senior Services

<b>June 2023</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
			1	2
<i>*MENU SUBJECT TO CHANGE *If you have a FOOD ALLERGY, please inform the Nutrition Program Manager</i>			10:30-11:30am LINE DANCING  12:00pm LUNCH MANICOTTI	12:00pm LUNCH GERMAN STYLE PORK CHOP
5	6	7	8	9
10:00-11:00am BINGO 11:30am-12:30pm STAY STRONG 12:00pm LUNCH STUFFED PEPPERS	9-11am WALMART TRIP  12:00pm LUNCH ROAST TURKEY	10-11am CHAIR YOGA 12:00pm LUNCH SPAGHETTI & MEATBALLS  12:30pm SHOPRITE	10:30-11:30am LINE DANCING  12:00pm LUNCH HONEY GARLIC CHICKEN & BROCCOLI	12:00pm LUNCH BAKED SOLE
12	13	14	15	16
10:00-11:00am BINGO 11:30am-12:30pm STAY STRONG 12:00pm LUNCH CHEESE LASAGNA	12:00pm LUNCH BAKED HAM	10-11am CHAIR YOGA 12:00pm LUNCH TUNA NOODLE CASSEROLE  12:30pm SHOPRITE	10:30-11:30am LINE DANCING  12:00pm LUNCH MEATLOAF	12:00pm LUNCH TURKEY A LA KING
19	20	21	22	23
<b>CLOSED JUNETEENTH HOLIDAY</b>	11am SPEAKER HOME FIRE SAFETY  12:00pm LUNCH EGGPLANT PARM	<b>NO CHAIR YOGA</b> 12:00pm LUNCH BBQ CHICKEN  12:30pm SHOPRITE	10:30-11:30am LINE DANCING  12:00pm LUNCH BAKED FLOUNDER	12:00pm LUNCH POT ROAST
26	27	28	29	30
10:00-11:00am BINGO 11:30am-12:30pm STAY STRONG 12:00pm LUNCH SALISBURY STEAK	12:00pm LUNCH SEAFOOD NEWBURG	10-11am CHAIR YOGA 12:00pm LUNCH TURKEY REUBEN WRAP  12:30pm SHOPRITE	10-11am CHAIR YOGA 12:00pm LUNCH ASIAN PORK & PEPPERS  12:30pm SHOPRITE	12:00pm LUNCH CHICKEN PARM

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