

Ossining Senior Services

January 2018				
Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	CLOSED NEW YEARS DAY	12:00pm LUNCH BAKED FLOUNDER 1:00pm SHOP-RITE	10:45am LINE DANCE 12:00pm LUNCH BONELESS PORK CHOP 12:30pm BINGO 1:00pm ART CLASS	12:00pm LUNCH ROASTED CORNISH HEN 12: 30pm BINGO
<i>*If you have a FOOD ALLERGY, please inform the Nutrition Program Manager</i>				
7	8	9	10	11
10:00am TAI CHI W/ MOLLY 12:00pm LUNCH KNOCKWURST 12:30pm BINGO	12:00pm LUNCH HERBED LEMON CHICKEN	12:00pm LUNCH MANICOTTI 1:00pm SHOP-RITE	10:45am LINE DANCE 12:00pm LUNCH LAMB CURRY 12:30pm BINGO 1:00pm ART CLASS	12:00pm LUNCH TILAPIA OREGANATA 12: 30pm BINGO
14	15	16	17	18
10:00am TAI CHI W/ MOLLY 12:00pm LUNCH STUFFED PEPPER 12:30pm BINGO	12:00pm LUNCH PORK CUTLET	11:30am MEDICARE MINUTE 12:00pm LUNCH ROAST TURKEY 1:00pm SHOP-RITE	10:45am LINE DANCE 12:00pm LUNCH BAKED SALMON 12:30pm BINGO 1:00pm ART CLASS	9:45am EXERCISE W/ KAREN 12:00pm LUNCH CRISPY BAKED CHICKEN 12: 30pm BINGO
21	22	23	24	25
CLOSED MARTIN LUTHER KING DAY	12:00pm LUNCH SALISBURY STEAK	12:00pm LUNCH BAKED SOLE 1:00pm SHOP-RITE	10:45am LINE DANCE 12:00pm LUNCH CHICKEN CALIFORNIA 12:30pm BINGO 1:00pm ART CLASS	Jan. B-Day Celebration 9:45am EXERCISE W/ KAREN 12:00pm LUNCH SPAGHETTI & MEATBALLS 12: 30pm BINGO
28	29	30	31	
10:00am TAI CHI W/ MOLLY 12:00pm LUNCH ITALIAN CHICKEN SAUSAGE 12:30pm BINGO	12:00pm LUNCH VEAL & MUSHROOMS	12:00pm LUNCH CHEESE LASAGNA 1:00pm SHOP-RITE	10:45am LINE DANCE 12:00pm LUNCH MEATLOAF 12:30pm BINGO 1:00pm ART CLASS	

Funded through the Department of Health and Human Services, the New York State Office for the Aging, and the Westchester County Department of Senior Programs and Services (WCDSPS). In accordance with Federal Law, the WCDSPS prohibits discrimination because of race, color, sex, national origin, religion, age, or handicap, in all aspects of the provisions of services for the benefit and welfare of Senior Citizens, and in all employment practices including hiring, firing, promotion, compensation, and other terms, conditions, and privileges of employment. Further, subcontractors of the WCDSPS shall be required to meet above stated standards.