

Ossining Senior Services

<h2>February 2012</h2>				
Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		11:00am EXERCISE 12:00pm LUNCH 12:45pm BINGO	10:45am DANCING 12:00pm LUNCH 1:00pm ART CLASS 1:00pm SHOPPING SHOP-RITE	12:00pm LUNCH
6	7	8	9	10
10:15am EXERCISE 12:00pm LUNCH	11:30am SPEAKER FAMILY SERVICES 12:00pm LUNCH	<u>FOOD BANK DELIVERY</u> 11:00am EXERCISE 12:00pm LUNCH 12:45pm BINGO	10:45am DANCING 12:00pm LUNCH 1:00pm ART CLASS 1:00pm SHOPPING SHOP-RITE	12:00pm LUNCH
13	14	15	16	17
10:15am EXERCISE 12:00pm LUNCH	<u>VALENTINE'S DAY</u> 11:30am BLOOD PRESSURE SCREENING 12:00pm LUNCH	11:00am EXERCISE 12:00pm LUNCH 12:45pm BINGO	10:45am DANCING 12:00pm LUNCH 1:00pm ART CLASS 1:00pm SHOPPING SHOP-RITE	12:00pm LUNCH
20	21	22	23	24
CLOSED PRESIDENTS DAY	12:00pm LUNCH	11:00am EXERCISE 12:00pm LUNCH 12:45pm BINGO	10:45am DANCING 12:00pm LUNCH 1:00pm ART CLASS 1:00pm SHOPPING SHOP-RITE	12:00pm LUNCH
27	28	29		
10:15am EXERCISE 12:00pm LUNCH	12:00pm LUNCH	11:00am EXERCISE 12:00pm LUNCH 12:45pm BINGO	<i>*If you have a FOOD ALLERGY, please inform the Nutrition Program Manager</i>	