

# Ossining Senior Services

## March 2010

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> 10:30am EXERCISE 12:00pm LUNCH	<b>2</b> 11:15am SPEAKER - LONG TERM CARE 12:00pm LUNCH	<b>3</b> 11:00am EXERCISE 12:00pm LUNCH 1:00pm BINGO	<b>4</b> 8:00am DINING ROOM CLOSED/RECORD RETENTION DAY 10:30am DANCING AT CEDAR MANOR 1:00pm ART CLASS	<b>5</b> 12:00pm LUNCH 1:00pm SHOPPING
<b>8</b> 10:30am EXERCISE 12:00pm LUNCH	<b>9</b> 11:30am BLOOD PRESSURE SCREENING 12:00pm LUNCH	<b>10</b> FOOD BANK DELIVERY 11:00am EXERCISE 12:00pm LUNCH 1:00pm BINGO	<b>11</b> 10:30am DANCING 12:00pm LUNCH 12:30pm SHOPPING 1:00pm ART CLASS	<b>12</b> 12:00pm LUNCH
<b>15</b> 10:30am EXERCISE 12:00pm LUNCH	<b>16</b> 11:00am NUTRITION EDUCATION WITH NELLA 12:00pm LUNCH	<b>17</b> 11:00am EXERCISE 12:00pm ST. PATRICK'S DAY LUNCH 1:00pm BINGO	<b>18</b> 10:30am DANCING 12:00pm LUNCH 12:30pm SHOPPING 1:00pm ART CLASS	<b>19</b> 12:00pm LUNCH
<b>22</b> 10:30am EXERCISE 12:00pm LUNCH	<b>23</b> 12:00pm LUNCH	<b>24</b> 11:00am EXERCISE 12:00pm LUNCH 1:00pm BINGO	<b>25</b> 10:30am DANCING 12:00pm LUNCH 12:30pm SHOPPING 1:00pm ART CLASS	<b>26</b> 12:00pm LUNCH 1:00pm SHOPPING/K-MART
<b>29</b> 10:30am EXERCISE 12:00pm LUNCH	<b>30</b> 12:00pm LUNCH	<b>31</b> 11:00am EXERCISE 12:00pm LUNCH 1:00pm BINGO		

Senior Services Director: Kathy Asaro  
 Town Supervisor: Catherine Borgia  
 THE CENTER IS HANDICAPPED ACCSSIBLE

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