

Ossining Recreation and Parks

95 Broadway

Ossining, NY 10562

914-941-3189

Office Hours 9am to 4pm Monday – Friday

Community Center Hours 9am to 9:50pm Monday - Saturday

VILLAGE BOARD

Mayor

William R. Hanauer

Board Members

Marlene Cheatham

Sue Donnelly

Michael R. Curry

Janis Castaldi

Village Manager

Linda Cooper

TOWN BOARD

Town Supervisor

Catherine Borgia

Board Members

Geoffrey J. Harter

Northern Wilcher

David Krieger

Michael Tawil

RECREATION AND PARKS

Superintendent of Recreation and Parks

Henry Atterbury

Recreation

Debbie Frieder	Senior Rec. Leader
Bob Chesna	Rec. Supervisor
Ardyce Thornton	Recreation Attendant
Brenna Burrows	Recreation Attendant
Marilyn Kadan	Senior Clerk
Luz Breese	Front Desk Clerk
Gabriel Cardona	Front Desk Clerk
Carlos Urgiles	Building Caretaker
Katrina Baker	Aquatics Instructor
Mike Kane	Aquatics Instructor
Brian Cassermere	Pool Caretaker

Parks

Village Foreman

Larry Abreau

Town Foreman

Albert Rivera

Parks Crew

Maso Robinson	Steve White
Patrick Bushell	Mario Velardo
Miguel Marra	
Gustavo Rodriguez	
Robert DiVico	
Spencer Thomas Jr.	
Troy Westhoff	

RECREATION ADVISORY BOARD

Jackie Shaw	Phyllis Smith
Michael Byfield	Martin Engelhardt
Tony Ciancio	Connie Serafin
Andrew Jimney	Robert Nichols

Marlene Cheatham -Village Board Liaison
Geoff Harter -Town Board Liaison

Advisory Board meetings are held at the Joseph G. Caputo Community Center on the **second Monday** of every month at 7:00. Meetings are open to the public and all are welcome to join us.

Westchester County Parks and Recreation offers many fine programs. Call the County Parks system for more information at 864-7000.

Phone Numbers of Interest

Police / Fire	911
Police Non Emergency	941-4099
Seniors Nutrition	762-8953
Ossining D.P.W.	941-4660
Ossining Water Dept.	941-6111
Municipal Building	941-3554

GENERAL INFORMATION REGISTRATION

Program registration begins on Tuesday December 29th for online and in person starting January 5th from 9am to 9pm at the Joseph G. Caputo Community Center unless otherwise noted. Registration is on a first-come, first-served basis. Registration after the above date will be taken Monday through Friday between 9:00AM and 6:00 PM. No registrations will be accepted on Saturdays. Fees are listed with each program. Checks or money orders should be made payable to the Ossining Recreation Department or as otherwise specified in the program description. **NO CASH ACCEPTED.** Some class sizes are limited, so please register early. Ossining Senior citizens get a 10% discount. Non-residents, including seniors, may have a non-resident fee. You can register online starting December 29th at 9am. A current Ossining Recreation Department ID card is required to register for programs. This is now an annual fee and cards must be renewed yearly, no exceptions.
Village of Ossining \$2
Non residents \$25 (outside the Village of Ossining)

REFUNDS

Ossining Recreation does NOT issue refunds unless a program has been canceled due to insufficient registration. If any checks are returned by the bank for any reason whatsoever, there will be a \$35.00 charge in addition to the charge for the program which must be repaid in certified check or money order within 10 days of notification of same.

MEDICAL INSURANCE

As an applicant for participation in recreation programs offered by Ossining Recreation, it is extremely important that you are aware that the Town and Village do not provide a medical insurance policy for such programs. If you do not have a medical insurance policy, we urge that you secure such a policy before you use any Park or enroll in any Recreation Department programs.

JOSEPH G. CAPUTO COMMUNITY CENTER

The Community Center provides many recreation activities and opportunities for the Greater Ossining community. The building is open from 9:00am to 9:45pm Monday through Saturday. The Community Center which houses the Recreation Office, includes a music room, art room, game room, multi-purpose room and a gymnasium. Also located in the building is the Ossining Heritage Area Visitors center, an excellent educational exhibit.

*Ossining-based, non-profit organizations are permitted to use the Community Center for meetings. A "Facilities Use Application" must be submitted to the Recreation Department at least 10 working days prior to the planned event. Approval will be on a first-come, first-served basis. Priority will be given to Recreation Department programs and events at the center over other organizations. The art, multi-purpose, and music rooms are the spaces available for meetings.

NEW INSTRUCTORS & VOLUNTEERS

The Ossining community has many individuals with a wide variety of talents. If you would be willing to share your talents with your community as an instructor or volunteer, please contact the Recreation Office. We are always interested in presenting new and exciting programs.

TELL US HOW WE'RE DOING!

The Recreation Department is constantly looking for ways to improve existing programs. We want to hear your ideas for creative new programs and/or events that you would like to see. If we can find a way to offer a new program we will.

JOSEPH G. CAPUTO COMMUNITY CENTER GAME ROOM & GYMNASIUM

Monday through Friday 4:30 - 9:50 pm
Saturday 11:00 - 9:50 pm
6 years olds & up Free with I.D. Card

A variety of activities including table tennis, billiards, video games, board games and TV are available to all residents.

Ages 6 - 10 can stay at Center until 8:15 pm

Ages 11-12 can stay at Center until 9:00 pm

Ages 13-17 can stay at Center until 9:50 pm

Our gymnasium is open Monday through Saturday. Participants must have an I.D. card. Schedules of program offerings are available at the Community Center or call 941-3189.

PRE-SCHOOL PROGRAMS

MISS PATTI'S FEELING GROOVY

Joseph G. Caputo Community Center

Starts Jan. 22nd

Fridays 8 Sessions

A. 11:15 – 11:45 B. 12 – 12:30

Fee: \$50.00 Ages: 2 - 4

Instructor: Patti Hupp will lead stretching, playing instruments, singing and dancing in this very groovy class. Annie Grilli recommended !

YOUTH PROGRAMS

YOUTH SOCCER LEAGUE

AYSO (American Youth Soccer Organization)

Spring 2010

Ossining AYSO from time to time has openings for the spring season in many age groups on existing teams-U8 to U16. All players in the clinic program for U5 and U6 are accepted. Openings for U8 to U16 are filled on a first come first serve basis. For more information, please call the Ossining AYSO Hotline at 944-0063.

JUKIDO & JUJITSU SELF DEFENSE

Joseph G. Caputo Community Center

Starts Jan. 23rd 10 weeks

Saturdays/ Wed Beginners 9:30

Fee \$125 Intermediates / Advanced 10:30

Ages up to 16

Learn the art of self defense with emphasis on self discipline and conditioning with instructor Pat Premdas.

Wed. workout sessions are at 6:30pm.

JESSE COLLYER BASEBALL & SOFTBALL

2010 Season -

Registration Play from April to June-

Ages 5 to 16 - Boys & Girls

You must be the appropriate age by April 30th 2010

Fees are Ages 5-8 \$70 - Baseball-Ages 9-12 \$95 Sr

Baseball -Ages 13 –16 - \$110

Softball - all ages \$95.

The fee includes uniform, trophy, ten raffle tickets - a \$5 discount applies after the first child registered in the family. Registration - www.jcysports.org or

Jan 19, 20 & 21 from 7 PM - 9 PM also Sat Jan 23

from 11 AM - 2 PM at Claremont school. First

players must bring in a copy of their birth certificate

Opening Day for Baseball and the parade is April 17th.

FISHING DERBY - Free

Cedar Lane Park

1 - 3pm

Saturday , May 15th

Ages 16 & under

The derby will be at Cedar Lane pond which has been stocked with fish for this event. Come enjoy a few hours of fishing and bring home a "fish story" of your own. Free program. Rain or shine the fish don't mind so be there with rod and reel ready to pull in that whopper. Catch and release is the rule.

USTA "QUICKSTART" TENNIS

Joseph G. Caputo Community Center gym
Starts January 25th
Mondays 8 weeks
\$75 per student one hour class
This is a new USTA format to help kids 10 and under learn the game. A graduated length system for the court and the equipment as well as a new scoring system are incorporated into the program. Quick start tennis helps kids learn the basics and actually begin to play the "sport for a lifetime" even if he or she has never picked up a racquet before. Classes are grouped by age and level. Instructors are USTA clinicians assisted by trained aides.

Ages 6—7 4—5 PM

Ages 8—10 5—6 PM

Note: 5 year olds are sometimes considered for the younger class depending on physical readiness. Racquets provided. Children must wear sneakers.

CLASSICAL BALLET

Joseph G. Caputo Community Center
Starts January 19th
Tuesdays: 11 Sessions
Ages 3-5 4:00 – 4:45 pm \$143.00
Ages 5 and up 5:00 – 6:00 pm \$165.00
Saturdays:
Ages 3-5 9:30 – 10:15am \$143.00
Ages 5 and up 10:30 – 11:30am \$165.00
Throughout time ballet has been based on the historical dances of the Royal palaces. Ballet has always been associated with grace, discipline, music and pleasure. Ms. Ferdinandova is a qualified, professional teacher with 25 years of experience in Europe and America with an extensive educational and stage background. Limit 15 per class.

OSSINING LITTLE LEAGUE FOOTBALL

Our 2009 Season was a very successful one. The goal of Ossining Little League Football is to have fun first and then teach fundamentals and life lessons through the game of football. Our approach is simply one where we expect success and a great level of commitment from our players because we want THEM to LEARN to be successful. Look for our registration dates in June. Practice starts Monday August 16th 2010 for 2 weeks straight, Monday to Friday, 5pm to 7pm. Please check out our website for updates.....

WWW.OLLF.ORG

AFTER SCHOOL RECREATION

Joseph G. Caputo Community Center
Continuous Year round
\$150 per month 3:30 - 6:00pm
Mon. - Fri Grades 1 - 6
Participants will receive assistance with homework first and then participate in arts & crafts projects, games & field trips. Staff will meet the school bus in front of the Center, Friday trips will be to various parks & playgrounds in the spring. Contact the school district to arrange bussing. We pick up students from Claremont. Snacks are provided each day.

YOUTH CO-ED ROLLER HOCKEY

2010 SPRING SEASONS

Dates: Spring Season runs mid-March through early June 2010.

Days/Times: Sunday – Thursday evenings between 5:00 – 9:00 pm. Schedule will vary depending upon age group. Practice schedules are at coaches' discretion.

Location: Veteran's Park Roller Hockey Rink, Narragansett Avenue, Ossining

Registration In Person February 23 7 to 8:30 PM and February 27 10AM to 12 PM at

The Ossining Community Center
95 Broadway, Ossining, NY 10562

For more information, email Jean Leddy at jmleddy3660@hotmail.com or go online at www.ovhainfo.org

ZUMBA KIDS/TEENS

Joseph G. Caputo Community Center
Starts January 25th
Monday 8 weeks
Mondays and Wednesdays 6:00 – 6:45 pm
Fee \$ 75 1 day and \$125 for two Ages 8-16
Zumba is an awesome combination of Aerobic/Dance. Have fun, sweat and laugh together after a long day in school,

ADULT PROGRAMS

EARLY MORNING

BEACH BODY BOOT CAMP

THE WARM WEATHER IS COMING!!

Joseph G. Caputo Community Center

Starts January 25th
M, W and F 6:15am to 7am
10 Weeks

One Class a week \$150.00

Two Classes discounted \$250.00

Three Classes discounted \$350.00

Tone your body with this aerobic and core strengthening workout. This workout includes endurance and agility training with Boot Camp Like instruction. Your instructor Lizz is a Certified Personal Trainer with over 10 years experience. Lizz has completed 7 Marathons and is a Massage and Reiki Master.

KICKBOXING / ZUMBA

Joseph G. Caputo Community Center

Starts January 25 8 weeks

\$155 for all four days

Mondays and Thursdays 7-8 pm

Kick Boxing

It's the New Year and time to focus on creating a healthier heart and body. Come with friends to kick the weight off and punch your belly fat away. Bring water and a mat for stretching. Cherisse Kenna will guide you so you can work at your level.

Tuesdays and Wednesdays 7-8 pm

Zumba/ Sculpt/ Core

This class has it ALL! Warm up with dance/aerobic moves to lift your spirits and heart rate. Sculpt/tone using hand weights, exercise bands and weighted medicine balls. Pilates will be applied to strengthen your core and stretch your body. Sara will lead this class.

ZUMBA / PILATES

Joseph G. Caputo Community Center

Starts January 25 8weeks

Monday, Wednesday and Sat. 9:30 – 10:30 am

One day: \$80.00 Three days: \$150.00

Start the New Year off with Sara Martinez, dancing your pounds and cares away! Make it fun, join with your friends to move your body to energizing Latin and International music. Work at your own level (boot camp style). We will use calisthenics hand weights and weighted medicine balls to build muscle. Come with your will to care for yourself, no matter what! Bring water, mat, hand weights and (if you have) medicine balls.

GOLF LESSONS

Joseph G. Caputo Community Center

Starts April 8th to May 13th 6 sessions

Thursdays 7–8:30pm

Fee \$95 per person Beg. & Interm.

This is a good pre-season warm-up for spring golf. Have your swing fine tuned and warm up your golf muscles. Includes use of a practice mat and practice balls. Class limited to 12 students. Class directed with age and skill level in mind.

ARABIC FOR BEGINNERS

Joseph G. Caputo Community Center

Starts January 25 10 weeks

Monday 7:30-9:30PM

Fee \$265 2 hr sessions

We need a minimum of 2, maximum 20.

You will need to purchase book: Alif Baa with DVDs from Amazon.com. Learn the basic fundamentals of the Arabic with teachers Ola & Mahmoud Rafeh. This class is an introduction to Arabic letters, sounds, number of greetings, common phrases and basic vocabulary.

JUKIDO JUJITSU - SELF DEFENSE –

Joseph G. Caputo Community Center

Starts Jan. 23rd 10 weeks

Saturdays 12pm

Fee is \$125 18 and up

A class on self-defense with emphasis on self-discipline and conditioning, Pat Premdas will instruct. Second session starts in April, Wed. workout sessions are from 7:30 to 8:30.

DROP IN BASKETBALL - over 30

Brookside School Gym

Starts January Thru May

Fee \$2 each evening session plus Rec. ID card.

Program 7-9:00pm

Monday Age 30 plus

Registration is required. You must have a Recreation ID card to enter. Informal pick-up games at a moderate pace for Ossining residents. On site registration is no longer allowed. Age limits will be strictly enforced and entrance will be granted to those on the program roster.

STAINED GLASS WORKSHOP

Joseph G. Caputo Community Center

Starts January 21st 8 sessions

Thursdays Beginners 6:30 - 8

Fee: \$80.00 Advanced 8 - 9:30

Joan Peske of Frog Hollow Glassworks. A beginners class and a continuing class for students already working in stained glass. Beginners can purchase a \$124 starter kit or just materials for \$24 both of which will be available the first night. They will be instructed in the copper foil (Tiffany) method of stained glass and will complete at least one panel. Safety glasses must be worn to each class.

ADULT SOFTBALL LEAGUES

Gerlach and Veterans Park

Men's & Women's Leagues Games start in last week of April. The mandatory manager's meeting is scheduled for March 4th as follow:
Women's League at 7pm, over 35 Arc Ball at 8pm and Fast Pitch at 9pm. All meetings are the Community Center. The registration fee of \$325 per team and rosters and fee are due at Managers meeting.

AQUATICS PROGRAMS At the Community Center Pool

SENIOR EXERCISE

Monday - Friday 10-11am

It is designed to give seniors more experience in the water and share with them different exercises at several levels that they can perform. The Water Workout will consist of exercises using the barbells and water belts at various levels to which class members can perform. Daily Fee is \$1.00.

AQUATIC BOOT CAMP

GET IN SHAPE After THE HOLIDAYS

Starts	January 16th
Saturdays	4-5pm
Mondays	7- 8pm
10 Weeks	\$145
Both Sat. and Monday	\$275

Enjoy Low impact with High Impact results, Burn Calories, Tone your Body, Flatten your Abs, and Strengthen your Core

FOR A SLIMMER HOLIDAY YOU!

Your instructor, Lizz is a NY State Certified Personal Trainer with over 10 years experience and is a Reiki master and massage therapist. Saturday and Monday are separate programs.

AQUA WORKOUT AND A WRAP FOR LUNCH TO BUSY TO GET INTO SHAPE?

Starts	Jan 25th
M,W, Thurs	12:15-12:35
10 Weeks	\$100

Not anymore! Enjoy a quick aerobic workout in the pool Low Impact produces High results

If you are a local business person or work in or nearby our village this class is perfect for you.

Take a shower after class and grab a wrap to go for lunch. Your Instructor Lizz is a personal trainer for over 10 years and specializes in aquatics training . She is also a Massage and Reiki Master certified in all three in New York State.

Note: All Wraps will be preordered each week on Monday via your instructor and payment will be the responsibility of the participant.

SPARTANS 2010

Club Swim Team

Spartans Swimming is a year round youth swimming program which will compete in the Westchester Fairfield Fall Swim League and USA Swim Meets. Spartan swimming welcomes all levels of competitive swimmer from beginner to advanced high school swimmers. Emphasis will be on the long term interest of each athlete. We want each swimmer to develop a love for the sport, proper technique and to have fun. Coach Mike Kane has a great level of experience and will work with each swimmer to develop them into a competitive swimmer. Four levels of the team exist.

1. Pre- Competitive (no meets)
Practice time – M, W, F- 40 min.
3:20- 3:50
2. Junior I M- F 4:30-5:30
3. Junior II M- F 5:30-6:30
4. Senior M- F 5 to 7pm

Contact the office for a detailed list of the requirements for each level. Levels 2, 3 and 4 will also have an initial one-time fee of \$55 to pay to USA Swimming and will require an additional \$100 that goes into an escrow account to pay for events at meets. You will receive a refund for any portion of that which goes un-used and you may have to contribute more to that account based on the number of meets and events your child participates in.

We have two fee schedules.

1. \$95 per month and child is picked up by parents at close of practice
2. \$125 per month and your child stays with our existing After School program until 6pm.

LEARN TO SWIM CLASSES

General Information

On the first day of any session participants in any level above beginner will be tested to ensure that they meet the requirements of the class level they are registered for and that they are in the correct level based on their ability.

Class size is generally 6 students per class and detailed descriptions of each level are outlined on the previous page. **The start date for all swim classes is on Monday January 18th and the first Saturday is January 16th.**

Fees vary depending on residency for those living outside the Village of Ossining.

CLASS DESCRIPTIONS

PARENT / TOT CLASS

8 weeks ½ hours sessions Fee \$100

Class size is 6 max.

Choose a letter as your desired class time

- A. Tuesday 11am
- B. Tuesday 9:30am
- C. Saturday 11:30am**
- D. Saturday 12:45pm**

This program is designed to give young children experience in the water in the comfort of their own parent/caregiver. The ages for this program will be 6 months – 3years old. Within your 8 week session, the parent/caregiver and child work together to learn basic skills such as bubble blowing, kicking, big arms, and safety jumps. Through games, water play and the use of flotation devices/toys, your child will become comfortable in the pool.

LEARN TO SWIM - LEVEL 1

8 weeks ½ hours sessions Fee \$100

Class size is 6 max.

Choose a letter as your desired class time.

- A. Tuesday- 7pm
- B. Thursday- 6:30pm
- C. Wednesday- 6:30pm
- D. Saturday- 8:30am**
- E. Saturday- 9:15am**
- F. Saturday- 12:15pm**

Helps students feel comfortable in the water. Level 1 participants learn to: Enter & exit water safely , Submerge mouth, nose & eyes, Float on front & back, Explore arm & hand movements Open eyes underwater, Exhale underwater Explore swimming on front & Back Use a life jacket, Follow basic water safety rules Submerge to pick up object

LEARN TO SWIM - LEVEL 2

8 weeks ½ hours sessions Fee \$110

Class size is 6 max.

Choose a letter as your desired class time.

- A. Tuesday- 6:30pm
- B. Wednesday- 7pm
- C. Saturday - 9:45am**
- D. Saturday - 11:15am**
- E. Saturday - 12:15pm**

Gives students success with fundamental skills. Level 2 participants learn to: Exit water using ladder or side, Tread water, Glide on front & back, Float on front & back, Explore swimming on side, Roll over from front to back, back to front, Enter water by stepping/jumping from the side, Open eyes underwater, submerge head to retrieve object, Swim on front & back using combined strokes, Move in water while wearing life jacket, Perform rhythmic breathing

LEARN TO SWIM - LEVEL 3

8 weeks ½ hours sessions Fee \$110

Class size is 6 max.

Choose a letter as your desired class time.

- A. Tuesday- 7pm
- B. Thursday- 6:30pm
- C. Saturday- 9:00am**
- D. Saturday- 11:15am**
- E. Saturday- 12:15pm**

Builds on the skills of Level 2 through additional guided practice.

Level 3 participants learn to: Jump into deep water from the side, Perform rotary breathing, Perform butterfly kick and body motion, Survival float, Dive from sitting or kneeling position, Swim front crawl, Perform HELP & huddle positions, Submerge fully & retrieve object, Change from vertical to horizontal position on front & back, Perform reaching assists, Swim back crawl , Bob with head fully submerged, Use check-call-care in an emergency

LEARN TO SWIM - LEVEL 4

8 weeks ½ hours sessions Fee \$110

Class size is 6 max.

Choose a letter as your desired class time.

- A. Tuesday – 6:30 pm
- B. Thursday – 6:30pm
- C. Saturday- 10:30am**

More classes will be offered based on demand

Develops confidence in the skills learned and improves other aquatic skills.

Level 4 participants will learn to:

Dive from compact or stride position, Swim underwater, Swim breaststroke, Use safe diving rules, Tread water using sculling arm motions & kicking, Perform throwing assists, Swim elementary backstroke, Perform feet-first surface dive, Swim on side using scissors kick, Care for choking victim, Perform open turns on front & back, Coordinate butterfly, Perform compact jump into water from a height while wearing a life jacket

LEARN TO SWIM - LEVEL 5

8 weeks ½ hours sessions Fee \$110

Class size is 6 max.

Choose a letter as your desired class time.

- A. Thursday - 7:30pm
- B. Tuesday – 6:30pm
- C. Saturday.- 10:30am**

Additional classes will be offered if demand warrants

Provides further coordination and refinement of the following strokes: Front crawl, Back crawl, Breaststroke, Butterfly, Elementary Backstroke , Side stroke.

LEARN TO SWIM - LEVEL 6

8 weeks ½ hours sessions Fee \$110
Class size is 6 max. Chose a letter as your desired class time.

A. Thursday - 7:30pm

B - Saturday - 12:00pm

Refines all 6 strokes so students swim them with ease, efficiency, power and smoothness.

LEARN TO SWIM- FOR ADULTS

Class size 6 max. Fee \$50 8 weeks

A. Wednesday 7:00pm (all levels)

B. Saturday 10am (all levels)

This program is designed to help adults learn how to swim, improve their swimming ability, refine their strokes and learn independent swimming skills.

OPEN SWIM TIMES

Offered various times Monday thru Friday - Generally 6pm to 8:30pm but subject to change.

Saturday: 2:30-6:00pm Sunday: 1:00-4pm

Recreation ID card is required, no exceptions.

Occasionally programs require schedule changes so please check with pool desk for any changes prior to coming. Non Village of Ossining residents are subject to non resident fees. Call 941-3189 for details.

LAP SWIMMING

Monday thru Friday 6-9am / 7-8pm

Year Round \$250 for residents

Three lanes are available at your convenience. Other "various times" might be available but are subject to change based on programming needs. Fee can be paid in two installments to cover six months each. Saturdays (when available) from 6:30pm - 7:30pm

BIRTHDAY PARTIES (at the Pool)

Fee \$125

Children must between the ages of 6 & 12 years old with a limit of 20 children maximum.

Saturday afternoons from 2:00-5:30pm.

**The \$125 fee includes one hour in the Music room for food and one hour in the pool. The children are expected to stay in the designated area and an adult must be present.

****FOOD AND DRINKS ARE NOT PROVIDED****

Ossining residents only.

SENIORS CITIZENS PROGRAMS

NUTRITION PROGRAM

Delicious hot meals are served at the Joseph G. Caputo Community Center on Broadway, five days a week, Monday through Friday. Any person 60 years of age or over is invited to participate. However, advance reservations are required. Call the Nutrition Center at 762-8953 for more information

HOME DELIVERED MEALS PROGRAM

This program is available for people 60 or older who meet Westchester County Department of Senior Programs and Services eligibility requirements. For more information, call the Nutrition Center at 762-8953 for more information

ART CLASS

Joseph G. Caputo Community Center
Thursdays Ongoing
1 - 4:00 PM
Instructor: Paul Jeffries

BLOOD PRESSURE SCREENING

Joseph G. Caputo Community Center
Second Tuesday of every month 11:30 am
Sponsored by: Dominican Sisters Family Health Services

DANCE AND EXERCISE

Joseph G. Caputo Community Center
Thursday Mornings Year Round
Ongoing 10:30 to 11:30
Instructor Cameron Kelly

BOCCE FOR SENIORS

Joseph G. Caputo Community Center
Wednesdays & Fridays Year round
Ongoing 1 - 4

EXERCISE - Aerobics

Joseph G. Caputo Community Center
Wednesday mornings Year Round
Ongoing 11 - 12
Instructor: YMCA staff

EXERCISE FOR SENIORS

Joseph G Caputo Community Center Year round
Mondays Ongoing 10:30
Inst. Dr. Richard Finewood
Wednesdays Ongoing 11am
Carl Tucker

BINGO

Joseph G. Caputo Community Center
Wednesdays Year round
Ongoing 12:45-2

COMPUTERS LEARNING FOR ADULTS

Joseph G. Caputo Community Center
Computer courses are offered at the Center, call 762-1350 for information and to register

TAXI COUPONS

Joseph G. Caputo Community Center
Tickets sold daily Monday - Friday 9 - 2
Ages: Must be 67 years old or older
Fee: \$3 per coupon

WALKING PROGRAM

Joseph G. Caputo Community Center
Monday, Wednesday, Thursday, Friday
Ongoing 9:30 - 10
A regular program of walking can provide many health benefits. It can increase energy levels, reduce body fat and reduce the risks of heart disease, high blood pressure, obesity, arthritis and osteoporosis. Walking is relaxing and relieves tension.

RUOK – no fee

Phone calls are made from the Senior Center every morning to make sure residents 60 and older are okay, Calls are made at 8 or 9am, your choice.

OSSINING GOLDEN AGE CLUB #1

Business meetings are held at the Joseph G. Caputo Community Center on Tuesdays at 1pm to 4pm. Club activities include bowling, bocce, bingo, crafts, trips, dinners, dances and holiday parties. All residents age 60 and up are invited.

Join this group every Tuesday for Bingo and to learn about upcoming trips and programs.

NORWEST – REGIONAL SPECIAL SERVICES

Providing Community Therapeutic Recreation For Special Populations

Is your child (age 5 to 21) and in a special education program? NorWest may have a recreation program for you. NorWest complies with the regulations of the state and county Health Dept. and is funded by a NYS OMRDD Family Support Service Grant. Give the director, Chris Morabito, a call and he will be glad to discuss programs that NorWest provides and any other service related issues.

Fax (914) 737-4838. Office (914) 737-4797

**Ossining Public Library
Winter 2010 Programs**

Adult Programs:

- Great Music with Pianist Matthew Graybil. In association with The Stecher and Horowitz Foundation, the library will present another gifted artist in the Nadia Reisenberg Young Artists Series on Sunday, December 6th at 3 p.m. in the Budarz Theater.
- Final film in the Bollywood Series. The library's series, "Bollywood 101: Greatest Hits of Hindi Cinema," concludes at 4 p.m. on Saturday, December 5th, with Rajkumar Hirani's *Lage Raho Munna Bhai*. In the Budarz Theater.
- The OPL Winter Film Series - *Rarely Screened Hitchcock* will begin on Wednesday, January 6th with the film *Sabotage (1936)*. All films are at 7 p.m. in the Budarz Theater. For more information on other films in this series please visit www.ossininglibrary.org
- Opening reception for the December Art Exhibit by the Ossining Arts Council on Sunday, December 13th from 2-4 p.m. in the Art Gallery.
- Elder Care Advocacy program with Barbara Mannix on Thursday, December 3rd at 7 p.m. in the Conference Room.
- Ossining Open Door is conducting a Holiday Toy Drive until Sunday, December 13th. The library is a drop-off point and has a box for the toy drive by the circulation desk. All toys will be picked up on Monday, December 14th.
- One day only book sale at the library in the Art Gallery area on Tuesday, December 8th from 10 a.m. - 4 p.m. Need gift ideas for the holidays? Don't miss this great opportunity on December 8th.
- The U.S. Census Bureau is now recruiting Ossining residents for the 2010 census. These are paid (\$18-20 hr.) part-time positions. Census jobs are great for retirees, college students, persons looking for part-time work, and anyone who wants to earn extra money performing an important service for their community. You must register to take the exam by calling 1-866-861-2010. Census testing will be held at the library on Monday, November 30th and Saturday, December 12th from 10 a.m. - 12 p.m. in the Conference Room. For more information about working for the 2010 census please visit www.2010censusjobs.gov or www.ossininglibrary.org

Children's Programs:

- *5,4 Stories and More* 2 p.m. - 30 mins. for 4 & 5 year old children. Stories, activities, and crafts January 4, 11, 25, February 1, 8, 22 and March 1, 8, 15, 22.
- *Family Storytime* 7 p.m. - 30 mins. for all ages (children 6 and under must be accompanied by an adult) Stories and crafts. January 11, and 25, February 8 and 22, March 8, 15, 22.
- *Bilingual (English/Spanish) Family Storytime* 7 p.m. - 30 mins. for all ages (children 6 and under must be accompanied by an adult) Stories and crafts. January 4, Feb. 1 and March 1.
- *Now I'm Three* 2 p.m. - 30 mins. For 3 year old children with a parent or care-giver *Advanced registration required. Stories, fingerplays, and crafts. January 12, 19, 26, Feb. 2, 9, 23 and March 2, 9, 16, 23.
- *Baby Laptime* 10 a.m. - 30 mins. For babies who are not yet walking. Enjoy fingerplays and lap games in a small group setting. January 6, 13, 20, 27, Feb. 3, 10, 24 and March 3, 10, 17, 24.
- *Story Stop* 4:30 p.m. - 30 mins. for k-2nd grade. *Advanced registration required. Be the first to listen to and talk about brand new picture books! January 6, 13, 20, 27.
- *Bookworms Book Club* 4:15 p.m. - 45 mins. for grades 3 & up. *Advanced registration required. Good books, conversation and snacks! Jan. 7 - *The Magic Half* by Annie Barrows, Feb. 4 - *We Can't All be Rattlesnakes* by Patrick Jennings and March 4 - *11 Birthdays* by Wendy Mass.
- *Drop-in Stories & Crafts* 11 a.m. - 30 mins. for all ages (children 6 and under must be accompanied by an adult) Stories and activities. Jan. 9, 16, 23, 30, Feb. 6, 13, 20, 27 and March 6, 13, 20, 27.

Special Programs:

- *Over the Moon (for preschoolers, from babies to 5 year olds) Music for preschoolers.* Tuesday, Jan. 5th @ 10:30 a.m.
- *The Singing Harp presents The Golden Bird* Sunday, Jan. 24th 2 p.m. workshop, for adults & children, 3 p.m. performance, for children ages 5 & up. *Advanced registration required.

February Vacaton Specials:

- *Movie: Cloudy with a Chance of Meatballs* (for all ages, children 6 and under must be accompanied by an adult) Tuesday, Feb. 16th @ 2 p.m.
- *Talking Skulls and Dancing Bones & other Tales from the Dark Side Storytelling with Linda Levine for school-aged children* Wednesday, Feb. 17th @ 2 p.m.
- *Drop-in Crafts* - 30 mins. all ages (children 6 and under must be accompanied by an adult) Thursday, Feb. 18th @ 2 p.m.

TEEN PROGRAMS

Math Tutoring

Mondays, through June 14th 7-8:30pm

Conference Room

FREE math tutoring is available to local middle- and high-school students. Space is limited, so please stop by or call the Teen Room at 941-2416 x336 to reserve your spot. You should come to tutoring prepared with your textbook or worksheets.

Beginner/Intermediate Yoga

Mondays, January 4th through June 14th 7-8:15pm

Budarz Theater

Ages 12 and up; registration required. Please note, class will not meet on 1/18, 2/15, or 5/31.

Chess

Tuesdays, 4-5pm

Conference Room

For newbies and experienced players aged 8 to 80.

Game On!

Fridays, 3-4:30pm - 1/22, 2/5, 3/12, 4/16 & 5/21

Fridays, 5:30-7:30pm - 1/8, 2/12, 3/5, 4/9 & 5/28

Budarz Theater

Wii video game fun. Ages 10 and up.

Teen Movie Night!

Fridays @5:30pm

Budarz Theater

1/15, 2/26, 3/26, 4/23, 5/14 & 6/4

Free admission!

Free refreshments!