

Ossining Recreation and Parks

95 Broadway

Ossining, NY 10562

914-941-3189

Office Hours 9am to 4pm Monday – Friday

Community Center Hours 9am to 9:50pm Monday - Saturday

VILLAGE BOARD

Mayor

William R. Hanauer

Board Members

Marlene Cheatham

Sue Donnelly

Michael R. Curry

Janis Castaldi

Village Manager

Linda Cooper

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Catherine Borgia

Board Members

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Northern Wilcher

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Recreation

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Senior Rec. Leader

Bob Chesna

Rec. Supervisor

Ardyce Thornton

Recreation Attendant

Brenna Burrows

Recreation Attendant

Marilyn Kadan

Senior Clerk

Luz Breese

Front Desk Clerk

Gabriel Cardona

Front Desk Clerk

Carlos Urgiles

Building Caretaker

Katrina Baker

Aquatics Instructor

Mike Kane

Aquatics Instructor

Brian Cassermere

Pool Caretaker

Parks

Village

Foreman

Larry Abreau

Town

Foreman

Albert Rivera

Parks Crew

Maso Robinson

David Finch

Patrick Bushell

Mario Velardo

Miguel Marra

Joe Marino

Gustavo Rodriguez

Steve White

Robert DiVico

Spencer Thomas Jr.

Troy Westhoff

RECREATION ADVISORY BOARD

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Michael Byfield

Martin Engelhardt

Tony Ciancio

Connie Serafin

Andrew Jimney

Marlene Cheatham -Village Board Liaison

Geoff Harter -Town Board Liaison

Advisory Board meetings are held at the Joseph G. Caputo Community Center on the **second Monday** of every month at 7:30. Meetings are open to the public and all are welcome to join us.

Westchester County Parks and Recreation offers many fine programs. Call the County Parks system for more information at 864-7000.

Phone Numbers of Interest

Police / Fire	911
Police Non Emergency	941-4099
Seniors Nutrition	762-8953
Ossining D.P.W.	941-4660
Ossining Water Dept.	941-6111
Municipal Building	941-3554

GENERAL INFORMATION REGISTRATION

Program registration begins on Tuesday January 6th from 9am to 9pm at the Joseph G. Caputo Community Center unless otherwise noted. Registration is on a first-come, first-served basis. Registration after the above date will be taken Monday through Friday between 9:00AM and 6:00 PM. No registrations will be accepted on Saturdays. Fees are listed with each program. Checks or money orders should be made payable to the Ossining Recreation Department or as otherwise specified in the program description. **NO CASH ACCEPTED.** Some class sizes are limited, so please register early. Ossining Senior citizens get a 10% discount. Non-residents, including seniors, pay additional fees for all programs. You can register online starting on January 1st at 9am. An Ossining Recreation Department ID card is required to register for programs. This is now an annual fee and cards must be renewed yearly, no exceptions. Village of Ossining \$2
Non residents \$25 (outside the Village of Ossining)

REFUNDS

Ossining Recreation does NOT issue refunds unless a program has been canceled due to insufficient registration. If any checks are returned by the bank for any reason whatsoever, there will be a \$20.00 charge in addition to the charge for the program which must be repaid in certified check or money order within 10 days of notification of same.

MEDICAL INSURANCE

As an applicant for participation in recreation programs offered by Ossining Recreation, it is extremely important that you are aware that the Town and Village do not provide a medical insurance policy for such programs. If you do not have a medical insurance policy, we urge that you secure such a policy before you use any Park or enroll in any Recreation Department programs.

JOSEPH G. CAPUTO COMMUNITY CENTER

The Community Center provides many recreation activities and opportunities for the Greater Ossining community. The building is open from 9:00am to 9:45pm Monday through Saturday. The Community Center which houses the Recreation Office, includes a music room, art room, game room, multi-purpose room and a gymnasium. Also located in the building is the Ossining Heritage Area Visitors center, an excellent educational exhibit.

*Ossining-based, non-profit organizations are permitted to use the Community Center for meetings. A "Facilities Use Application" must be submitted to the Recreation Department at least 10 working days prior to the planned event. Approval will be on a first-come, first-served basis. Priority will be given to Recreation Department programs and events at the center over other organizations. The art, multi-purpose, and music rooms are the spaces available for meetings.

NEW INSTRUCTORS & VOLUNTEERS

The Ossining community has many individuals with a wide variety of talents. If you would be willing to share your talents with your community as an instructor or volunteer, please contact the Recreation Office. We are always interested in presenting new and exciting programs.

TELL US HOW WE'RE DOING!

The Recreation Department is constantly looking for ways to improve existing programs. We want to hear your ideas for creative new programs and/or events that you would like to see. If we can find a way to offer a new program we will.

JOSEPH G. CAPUTO COMMUNITY CENTER

GAME ROOM

Monday through Friday 4:30 - 9:45 pm
Saturday 11:00 - 9:45 pm
6 years olds & up Free with I.D. Card

A variety of activities including table tennis, billiards, video games, board games and TV are available to all residents.

Ages 6 - 10 can stay at Center until 8:15 pm

Ages 11-12 can stay at Center until 9:00 pm

Ages 13-17 can stay at Center until 9:45 pm

GYMNASIUM

Our gymnasium is open Monday through Saturday. Participants must have an I.D. card. Schedules of program offerings are available at the Community Center or call 941-3189.

PRE-SCHOOL PROGRAMS

MUSIC TIME, FUN TIME FOR PRESCHOOLERS

Joseph G. Caputo Community Center
Starts January 20th 8 sessions
Tuesdays 9:15 - 9:45 AM or 1:15-1:45 PM
Ages: 3 and 4 Fee \$50.00 Additional times would be added on Tuesday mornings and afternoons based on enrollment
Activities in the class will include: musical games, learning to read music, playing musical instruments while having lots of fun and learning new songs. Music is a wonderful experience for children! Come out and have some fun!
Instructor: Linda Lichtenstein

MISS PATTI'S FEELING GROOVY

Mommy and Me Music and Movement
Joseph G. Caputo Community Center
Fridays 8 Sessions
Starts Jan. 23rd 11:15 - 11:45 12 - 12:30
Ages: 2 - 4 Fee: \$50.00
Instructor: Patti Hupp will lead stretching, playing instruments, singing and dancing in this very groovy class. Annie Grilli recommended !

YOUTH PROGRAMS

YOUTH SOCCER LEAGUE

AYSO (American Youth Soccer Organization)
Spring 2009
Ossining AYSO from time to time has openings for the spring season in many age groups on existing teams-U8 to U16. All players in the clinic program for

U5 and U6 are accepted. Openings for U8 to U16 are filled on a first come first serve basis. For more information, please call the Ossining AYSO Hotline at 944-0063.

BELLY DANCING for Girls

Joseph G. Caputo Community Center
Starts Jan. 22 8 weeks
Fee \$80 5:30pm
Thursday Ages 8 to 15
Belly Dancing is a great introduction to dance for girls of all ages. Get your daughter started in this easy dance that is great exercise, lots of fun and gives you head to toe movement with sizzling music. Barefoot please!

JUKIDO & JUJITSU SELF DEFENSE

Joseph G. Caputo Community Center
Starts Jan. 24th 10 weeks
Saturdays/Wednesdays Fee \$110
Beginners starts 9:30
Intermediate starts 10:30
Advanced starts 11:30
Learn the art of self defense with emphasis on self discipline and conditioning. Instructor Pat Premdas. This class is appropriate up to 16 years of age. Second session starts in April depending on snow days. Wednesdays practice session is from 6:30 - 7:30pm.

JESSE COLLYER BASEBALL & SOFTBALL 2009 Season -

Registration Play from April to June- Ages 5 to 16 - Boys & Girls-
You must be the appropriate age by April 30th 2009
Fees are Ages 5-8 \$70 - Baseball-Ages 9-12 \$95 Sr Baseball -Ages 13 -16 - \$110 Softball - all ages \$95.
The fee includes uniform, trophy, ten raffle tickets - a \$5 discount applies after the first child registered in the family.

FISHING DERBY - Free

Cedar Lane Park 1 - 3pm
Saturday , May 16th Ages 16 & under
The derby will be at Cedar Lane pond which has been stocked with fish for this event. Come enjoy a few hours of fishing and bring home a "fish story" of your own. Free program. Rain or shine the fish don't mind so be there with rod and reel ready to pull in that whopper. Catch and release is the rule.

USTA "QUICKSTART" TENNIS

Joseph G. Caputo Community Center gym

Mondays and Thursday 8 weeks

Starts January 26th one hour class

\$85 per student

This is a new USTA format to help kids 10 and under learn the game. A graduated length system for the court and the equipment as well as a new scoring system are incorporated into the program. Quick start tennis helps kids learn the basics and actually begin to play the "sport for a lifetime" even if he or she has never picked up a racquet before. Classes are grouped by age and level. Instructors are USTA clinicians assisted by trained aides.

Mondays starting January 26th

Ages 6—7 4—5 PM

Ages 8—10 5—6 PM

Thursdays starting January 29th

Ages 6—7 4—5 PM

Ages 8—10 5—6 PM

Note: 5 year olds are sometimes considered for the younger class depending on physical readiness.

Racquets provided. Children must wear sneakers.

OSSINING LITTLE LEAGUE FOOTBALL

Our 2008 Season was a very successful one. The goal of Ossining Little League Football is to have fun first and then teach fundamentals and life lessons through the game of football. Our approach is simply one where we expect success and a great level of commitment from our players because we want THEM to LEARN to be successful. Look for our registration dates in June. Practice starts Monday August 17th 2009 for 2 weeks straight, Monday to Friday, 5pm to 7pm. Please check out our website for updates.....

WWW.OLLF.ORG

CLASSICAL BALLET

Joseph G. Caputo Community Center

Starts Tuesday January. 20th

Tuesdays 11 Sessions

1. Ages 4 - 6 4:00 - 4:45pm

2. Ages 7 - 10 5:00 - 6:00pm

Saturdays

4. Ages 4 - 6 9:30 - 10:15pm

5. Ages 7 - 10 10:30 - 11:30pm

Fee is a. \$132 for group 1 or 4 / b. (\$264 for both)

c. \$154 for group 2 or 5 / d. (\$308 for both)

Throughout time ballet has been based on the historical dances of the Royal palaces. Ballet has always been associated with grace, discipline, music and pleasure. Ms. Ferdinandova is a qualified, professional teacher with 25 years of experience in Europe and America with an extensive educational and stage background. Limit 15 per class.

AFTER SCHOOL RECREATION

Joseph G. Caputo Community Center

Continuous Year round

\$150 per month 3:30 - 6:00pm

Mon. - Fri Grades 1 - 6

Participants will receive assistance with homework first and then participate in arts & crafts projects, games & field trips. Staff will meet the school bus in front of the Center, Friday trips will be to various parks & playgrounds in the spring. Contact the school district to arrange bussing. We pick up students from Claremont. Snacks are provided each day.

YOUTH CO-ED ROLLER HOCKEY 2009 SPRING SEASONS

Dates: Spring Season runs mid-March through early June 2009.

Days/Times: Sunday - Thursday evenings between 5:00 - 9:00 pm. Schedule will vary depending upon age group. Practice schedules are at coaches' discretion.

Location: Veteran's Park Roller Hockey Rink, Narragansett Avenue, Ossining

Team jersey is provided; full equipment needed to play.

Registration: For registration information, email Diane

Holdorf at diane@banino.net or go online at

www.ovhainfo.org.

GOLF LESSONS

Joseph G. Caputo Community Center

April 7th to May 12th 6 sessions

Fee \$70 per person 6-7pm

Tuesdays Beg. & Interm.

This is a good pre-season warm-up for spring golf. Have your swing fine tuned and warm up your golf muscles. Includes use of a practice mat and practice balls. Class limited to 12 students with a minimum of 8.

ADULT PROGRAMS

THE WONDER OF BEADS - Jewelry Class

Joseph G. Caputo Community Center

Starts on Jan. 21st 8 weeks

Fee \$85 7-9m

Wednesdays 16 and up

Beginner and Intermediate class available, ten limit per class. This is the class to take if you want to learn how to make your own unique and creative jewelry. Let your imagination and personal style come to life. All aspects of stringing, knotting and other wire wrapping techniques will be covered. A materials fee of approximately \$65 for semi precious stones and sterling silver is due at first class. Instructor - Teddy Leveille.

ZUMBA/SCULPT/CORE *ALL NEW PROGRAM*

Joseph G. Caputo Community Center
Starts January 26 8 full weeks
\$150 Unlimited fitness classes -
Mon,Tues,Wed,Thurs 7-8 pm
Now get more fitness for your money! Zumba, sculpting, bands and latin core! Pay one price for 2 months and have the convenience of working out when you want to. 1,2,3 or 4 times a week! Don't worry about missing a class, go any or all of the nights of the week that your schedule allows! Instructors – Sarah: Mon/Wed - Pam: Tues/Thurs

SOCIAL DANCE AND SWING

Joseph G. Caputo Community Center
Starts January 26 8 weeks
\$140 couple / \$80 single Beginners 7-8 pm
Mondays Intermediate 8-9 pm
Learn to dance! Spend some quality time with your special someone or pick up some new steps so that you can get up at weddings and parties. "Dancing with the Stars show us that everyone can dance! Learn cha cha, swing, latin and waltz! Great fun and exercise. Cameron and Kevin make it easy...so...get up and dance!

GOLF LESSONS

Joseph G. Caputo Community Center
April 7th to May 12th 6 sessions
Fee \$95 per person 7-8:30pm
Thursdays Beg. & Interm.
This is a good pre-season warm-up for spring golf. Have your swing fine tuned and warm up your golf muscles. Includes use of a practice mat and practice balls. Class limited to 12 students. Class directed with age and skill level in mind.

PILATES

Joseph G. Caputo Community Center
Starts January 26 8 weeks
\$100 (\$90 for seniors) 8-9 pm
Mondays
Pilates focuses on core muscles along with controlled movements and breathing to give you a superior but safe workout. Slim down and tone up, especially around the mid-section. A great way to get into shape at any fitness level.

DROP IN BASKETBALL - over 30

Brookside School Gym
Starts in January Thru May
Fee \$2 each evening session plus and ID card.
Program 7-9:00pm
Monday and Tuesday Age 30 plus
Registration is required. You must have a Recreation ID card to enter. Informal pick-up games at a

moderate pace for Ossining residents. On site registration is no longer allowed. Age limits will be strictly enforced and entrance will be granted to those on the program roster.

CANINE BEHAVIOR MODIFICATION

(Doggie School) at Cedar Lane Dog Park
Starts April 8th 5 sessions
Fee \$75 per dog 6 – 7pm
Wednesdays

This class is for dogs ages 3 months and up with proof of current rabies vaccinations. You will learn to teach your dog the basic commands and manners including sit, stay, come, walk on leash and down. A 6 ft. leash, non-retractable, is needed. Limited to 6 dogs. Instructor Marie Basile is a Cert. Behavior counselor and member of the APDT. For more information go to www.gooddogtraining.info. We need a minimum of 5 to run this class.

STAINED GLASS WORKSHOP

Joseph G. Caputo Community Center
Starts January 22th 8 sessions
Fee: \$80.00 Beginners 6:30 - 8
Thursdays Advanced 8 - 9:30
Joan Peske of Frog Hollow Glassworks. A beginners class and a continuing class for students already working in stained glass. Beginners can purchase a \$124 starter kit or just materials for \$24 both of which will be available the first night. They will be instructed in the copper foil (Tiffany) method of stained glass and will complete at least one panel. Safety glasses must be worn to each class.

ADULT SOFTBALL LEAGUES

Gerlach and Veterans Park
Men's & Women's Leagues Games start in last week of April. The mandatory manager's meeting is scheduled for March 4th as follow: Women's League at 7pm, over 35 Arc Ball at 8pm and Fast Pitch at 9pm. All meetings are the Community Center. The registration fee of \$325 per team and rosters and fee are due at Managers meeting.

JUKIDO JUJITSU - SELF DEFENSE –

Joseph G. Caputo Community Center
Starts Jan. 24th 10 weeks
Saturdays 12pm
Fee is \$110 per student 18 and up
A class on self-defense with emphasis on self-discipline and conditioning, Pat Premdas will instruct. Second session starts in April, Wed. workout sessions are from 7:30 to 8:30.

BELLY DANCING

Joseph G. Caputo Community Center
Starts February 12 8 weeks
\$90 Beginners 6:30-7:30 pm
Thursdays Intermediate 7:30-8:30 pm
Feel glamorous, have fun and burn calories with belly dancing. This ancient dance relaxes your mind and nurtures your soul. Belly dancing makes you feel beautiful, confident, strong and feminine!

AQUATICS PROGRAMS

At the Community Center

SENIOR EXERCISE

Monday - Friday 10-11am
It is designed to give seniors more experience in the water and share with them different exercises at several levels that they can perform. The Water Workout will consist of exercises using the barbells and water belts at various levels to which class members can perform. Daily Fee is \$1.00.

THE OSSINING SPARTANS

Club Swim Team
Mon. thru Fridays 3:30 to 6:00.
\$95 per month swimmer Grades 1 to 12
\$20 off for second child
Spartans Swimming is a year round youth swimming program which will compete in the Westchester Fairfield Fall Swim League. Spartan swimming welcomes all levels of competitive swimmer from beginner to advanced high school swimmers. Emphasis will be on the long term interest of each athlete. We want each swimmer to develop a love for the sport, proper technique and to have fun. Coach Mike Kane has a great level of experience and will work with each swimmer to develop them into a competitive swimmer. Instructional time will vary depending on ability.

LEARN TO SWIM CLASSES

General Information

On the first day of any session participants in any level above beginner will be tested to ensure that they meet the requirements of the class level they are registered for and that they are in the correct level based on their ability. Class size is generally 6 students per class and detailed descriptions of each level are outlined on the previous page. The start date for all swim classes is on Monday January 19th and the first Saturday is Jan. 24th.

Fees vary depending on residency for those living outside the Village of Ossining.

CLASS DESCRIPTIONS

LEARN TO SWIM PARENT / TOT CLASS

8 weeks ½ hours sessions Fee \$90
Choose a letter as your desired class time

- A. Tuesdays 9am
- B. Thursdays 9am
- C. Saturday 10:00am
- D. Saturday 12:30pm

This program is designed to give young children experience in the water in the comfort of their own parent/caregiver. The ages for this program will be 6 months – 3years old. Within your 8 week session, the parent/caregiver and child work together to learn basic skills such as bubble blowing, kicking, big arms, and safety jumps. Through games, water play and the use of flotation devices/toys, your child will become comfortable in the pool.

LEARN TO SWIM - LEVEL 1

8 week session ½ hours sessions Fee \$115

Choose a letter as your desired class time.

- A. Monday - 9am
- B. Wednesday – 9am
- C. Tuesday- 7pm
- D Tuesday- 7pm
- E. Wednesday- 6:15 pm
- F. Thursday- 6:15pm
- G. Saturday- 8:30am
- H. Saturday- 8:30am
- I. Saturday- 10:30am
- J. Saturday- 12:00pm
- K. Saturday- 12:00pm
- L. Saturday 12:30pm

Helps students feel comfortable in the water. Level 1 participants learn to:

Enter & exit water safely, Submerge mouth, nose & eyes, Float on front & back, Explore arm & hand movements, Open eyes underwater, Exhale underwater, Explore swimming on front & Back, Use a life jacket, Follow basic water safety rules, Submerge to pick up object

LEARN TO SWIM - LEVEL 2

8 weeks ½ hours sessions Fee \$115

Choose a letter as your desired class time.

- A. Tuesday- 6:15pm
- B. Tuesday- 6:15pm
- C. Wednesday- 6:15
- D. Thursday- 7pm
- E Thursday- 7pm
- F. Saturday - 9:15am
- G. Saturday – 9:15am
- H. Saturday – 9:15am
- I. Saturday - 11:15am
- J. Saturday - 11:15am

Gives students success with fundamental skills.

Level 2 participants learn to: Exit water using ladder or side, Tread water, Glide on front & back, Float on front & back, Explore swimming on side, Roll over from front to back, back to front, Enter water by stepping/jumping

from the side, Open eyes underwater, submerge head to retrieve object, Swim on front & back using combined strokes, Move in water while wearing life jacket, Perform rhythmic breathing

LEARN TO SWIM - LEVEL 3

8 weeks ½ hours sessions Fee \$120

Choose a letter as your desired class time.

- A. Tuesday- 6:15
- B. Thursday- 7pm
- D. Saturday- 9:15am
- E. Saturday- 11:15am

Builds on the skills of Level 2 through additional guided practice.

Level 3 participants learn to:

Jump into deep water from the side, Perform rotary breathing, Perform butterfly kick and body motion, Survival float, Dive from sitting or kneeling position, Swim front crawl, Perform HELP & huddle positions, Submerge fully & retrieve object, Change from vertical to horizontal position on front & back, Perform reaching assists, Swim back crawl, Bob with head fully submerged, Use check-call-care in an emergency

LEARN TO SWIM - LEVEL 4

8 weeks ½ hours sessions Fee \$125

Choose a letter as your desired class time.

- A. Tuesday – 7:30 pm
- B. Thursday – 7:30pm
- C. Saturday- 8:30am
- D. Saturday- 12pm

****More classes will be offered based on demand****

Develops confidence in the skills learned and improves other aquatic skills.

Level 4 participants will learn to:

Dive from compact or stride position, Swim underwater, Swim breaststroke, Use safe diving rules, Tread water using sculling arm motions & kick Perform throwing assists, Swim elementary backstroke, Perform feet-first surface dive, Swim on side using scissors kick, Care for choking victim, Perform open turns on front & back, Coordinate butterfly, Perform compact jump into water from a height while wearing a life jacket.

LEARN TO SWIM - LEVEL 5

8 weeks ½ hours sessions Fee \$125

Class size is 6 max.

Choose a letter as your desired class time.

- A. Tuesday - 7:30pm
- B. Thursday - 7:30pm
- C. Saturday.- 10:30am

****More classes will be offered based on demand****

Provides further coordination and refinement of the

following strokes: Front crawl, Back crawl, Breaststroke, Butterfly, Elementary Backstroke, Side stroke.

LEARN TO SWIM - LEVEL 6

8 weeks ½ hours sessions Fee \$125

Choose a letter as your desired class time.

- A. Wednesday - 7:00pm
- B - Thursday - 7:30pm
- C – Saturday - 10:30am

Refines all 6 strokes so students swim them with ease, efficiency, power and smoothness with ever greater distances.

LEARN TO SWIM- FOR ADULTS

8 weeks ½ hour session Fee \$70

- A. Wednesday 6:15pm (all levels)
- B. Saturday 10:00 (all levels)

This program is designed to help adults learn how to swim, improve their swimming ability, refine their strokes and learn independent swimming skills.

WATER AEROBICS

8 weeks 40 minute session Fee. \$75

Class size 12

- Wednesdays
- Session 1 7:00pm
- Session 2 7:30pm

This program is designed to improve ones cardiovascular fitness, strength, and flexibility. Exercises will be done in both shallow and deep water (3.5ft-6.5ft) using equipment including barbells, water belts and noodles. (Equipment provided by facility).

OPEN SWIM TIMES

Offered various times Monday thru Friday - Generally 6pm to 8:30pm but subject to change.

Saturday: 2:30-7:30pm Sunday: 1:00-4pm

A Recreation ID card is required and cards must be renewed yearly, no exceptions.

Village of Ossining \$2

Non residents \$25

Summer hours are different so please check with pool desk for schedule.

BIRTHDAY POOL PARTIES

Fee \$150

Children must be between the ages of 6 & 12 years old with a limit of 20 children maximum.

Saturday afternoons from 2:00-5:30pm.

**The \$145 fee includes ONE hour in the Music room for food and ONE hour minimum in the pool. The children are expected to stay in the designated area and an adult must be present.

****FOOD AND DRINKS ARE NOT PROVIDED****

Ossining residents only.

SENIORS CITIZENS PROGRAMS

NUTRITION PROGRAM

Delicious hot meals are served at the Joseph G. Caputo Community Center on Broadway, five days a week, Monday through Friday. Any person 60 years of age or over is invited to participate. However, advance reservations are required. Call the Nutrition Center at 762-8953 for more information

HOME DELIVERED MEALS PROGRAM

This program is available for people 60 or older who meet Westchester County Department of Senior Programs and Services eligibility requirements. For more information, call Kathy Asaro at 762-1350.

ART CLASS

Joseph G. Caputo Community Center
Thursdays Ongoing
1 - 4:00 PM
Instructor: Paul Jeffries Fee: \$2.00

BLOOD PRESSURE SCREENING

Joseph G. Caputo Community Center
Second Tuesday of every month 11:30 am
Sponsored by: Dominican Health Services

BOCCE FOR SENIORS

Joseph G. Caputo Community Center
Wednesdays & Fridays Year round
Ongoing 1 - 4

DANCE & EXERCISE

Joseph G. Caputo Community Center
Thursday mornings Year Round
Ongoing 10:30-11:30
Instructor: Cameron Kelly

EXERCISE FOR SENIORS

Joseph G Caputo Community Center Year round
Mondays Ongoing 10:30

Inst. Dr. Richard Finewood

BINGO

Joseph G. Caputo Community Center
Wednesdays Year round
Ongoing 12:45-2

COMPUTER NET – For Seniors

Joseph G. Caputo Community Center
Computer courses are offered at the Center, call 762-1350 for information and to register

TAXI COUPONS

Joseph G. Caputo Community Center
Tickets sold daily Monday - Friday 9 - 2
Ages: Must be 65 years old or older
Fee: \$2.75 per coupon

WALKING PROGRAM

Joseph G. Caputo Community Center
Monday, Wednesday, Thursday, Friday
Ongoing 9:30 - 10
A regular program of walking can provide many health benefits. It can increase energy levels, reduce body fat and reduce the risks of heart disease, high blood pressure, obesity, arthritis and osteoporosis. Walking is relaxing and relieves tension. Participants are encouraged to walk at their own pace.

RUOK – no fee

Phone calls are made from the Senior Center every morning to make sure residents 60 and older are okay, Calls are made at 7, 8 or 9am, your choice.

OSSINING GOLDEN AGE CLUB #1

Business meetings are held at the Joseph G. Caputo Community Center on Tuesdays at 1:00 PM. Club activities include bowling, bocce, bingo, crafts, trips, dinners, dances and holiday parties. All residents age 60 and up are invited.

Ossining Public Library
Winter 2009 Programs for Children

Baby Laptime 30 minutes
Registration is not necessary.
For pre-walkers.
Enjoy fingerplays and lap games
in a small group setting.
Wednesdays, 10:00 AM
January 7, 14, 21, 28
February 4, 11, 25
March 4, 11, 18

Mother Goose Time 30 minutes
Registration is not necessary.
Ages 1 – 2 ½ with parent or care-giver
Mother Goose rhymes and songs with
lots of participation & music.
Mondays, 10:00 AM
January 5, 12, 26
February 2, 9, 23
March 2, 9, 16, 23

Time for 2's* 30 minutes
*Registration required.
Short stories, fingerplays and
activities for 2 year old children
and their parent or care-giver.
Thursdays, 10:00 AM
January 8, 15, 22, 29
February 5, 12, 26
March 5, 12, 19

Now I'm 3* 30 minutes
*Registration required.
Stories, fingerplays and crafts
for 3 year old children and
their parent or care-giver.
Tuesdays, 2:00 PM
January 6, 13, 20, 27
February 10, 24
March 3, 10, 17, 24

First Steps in the Library/Primeros 45 minutes
Pasos en la Biblioteca
Registration is not necessary.
Fridays, 1:30 PM
Check the First Steps calendar for dates
Or call 914-941-2416 ext. 337 or 338

Drop-in Stories & Craft 30 minutes
Registration is not necessary.
Fun stories and crafts for all ages.
Saturdays, 11:00 AM
February 7, 14, 21, 28
March 7, 14, 21

Read a Book, See a Film*
*Registration required.
Grades 3 and up.
Tuesday, February 3, 2009

5, 4 Stories & More 30 minutes
Registration is not necessary.
Stories and crafts for 4 & 5 year old children.
Mondays, 2:00 PM also Fridays, 10:00 AM
January 5, 12, 26 January 9, 16, 23, 30
February 2, 9, 23 February 6, 13, 27
March 2, 9, 16, 23 March 6, 13, 20

Family Storytime 30 minutes
Registration is not necessary.
Stories, fingerplays & crafts
for children of all ages
and their families.
Mondays, 7:00 PM
January 5, 12, 26
February 9, 23
March 2, 9, 16, 23

Bookworms Book Club*
*Registration required.
Grades 3 and up.
Fridays, 4:00 – 4:45 PM
January 30: Babe: the Gallant Pig by Dick King-Smith
February 27: book to be announced
March 30: book to be announced
Good books, conversation & snacks!

February Vacation Specials
Stamp Collecting with Tom Riley*
*Limited registration.
*Registration required.
Make your own stamp album.
Tuesday, February 17, 2009, 2:00 PM
For ages 6 – 12

Classic Family Film: "Benji"
Registration is not necessary.
Wednesday, February 18, 2009, 2:00 PM
Ages 5 and up.

Poetry Workshop with Melissa Stone:
"Words are Neat, They Got a Beat"
*Limited registration.
*Registration Required.
Thursday, February 19, 2009, 2:00 PM
Grades 1 and up

**If schools are closed due to weather, all library
programs will be cancelled**

**If schools have a delayed opening, morning programs
will be cancelled

