## **Ossining Senior Services**

Senior Services Director: Lynn Muller Town Supervisor: Elizabeth Feldman

May 2024						
Monday	Tuesday		Wednesday		Thursday	Friday
				1	2	3
*MENU SUBJECT TO CHANGE *If you have a FOOD ALLERGY, please inform the Nutrition Program Manager		10-11am CHAIR YOGA 12:00pm LUNCH GERMAN PORK CHOP 12:30pm SHOPRITE		10:30-11:30am LINE DANCING 12:00pm LUNCH CHCKEN CURRY	12:00pm LUNCH MEATLOAF	
6		7		8	9	10
10:30-11:30am BINGO 11:30-12:30pm STAY STRONG 12:00pm LUNCH ITALIAN CHICKEN SAUSAGE	12:00pm LUNCH MEXICAN GROUND BEEF SKILLET		10-11am CHAIR YOGA 12:00pm LUNCH STUFFED SHELLS 12:30pm SHOPRITE		10:30-11:30am LINE DANCING 12:00pm LUNCH BAKED FLOUNDER	MOTHER'S DAY LUNCHEON 12:00pm LUNCH CHICKEN CORDON BLEU
13		14		15	16	17
10:30-11:30am BINGO 11:30-12:30pm STAY STRONG 12:00pm LUNCH SALISBURY STEAK	10:30-11:30am  DANCE THERAPY  12:00pm LUNCH  ROAST TURKEY		10-11am CHAIR YOGA 12:00pm LUNCH CHICKEN CURRY 12:30pm SHOPRITE		10:30-11:30am LINE DANCING 12:00pm LUNCH EGGPLANT PARM	11-12pm <b>LAUGH YOGA</b> 12:00pm LUNCH BONELESS BREADED PORK CHOP
20		21		22	23	24
10:30-11:30am BINGO 11:30-12:30pm STAY STRONG 12:00pm LUNCH MAC & CHEESE	12:00pm LUNCH MEATLOAF		10-11am CHAIR YOGA 12:00pm LUNCH BAKED FLOUNDER 12:30pm SHOPRITE		10:30-11:30am LINE DANCING 12:00pm LUNCH ASIAN PORK & PEPPERS	MEMORIAL DAY LUNCH & ICE CREAM PARTY 12:00pm LUNCH BBQ CHICKEN
27		28		29	30	31
CLOSED MEMORIAL DAY	12:00pm LUNCH CRISPY BAKED FISH		10-11am CHAIR YOGA 12:00pm LUNCH CHEF SALAD 12:30pm SHOPRITE		10:30-11:30am LINE DANCING 12:00pm LUNCH SWEDISH MEATBALLS	12:00pm LUNCH CHICKEN RATATOUILLE

Funded through the Department of Health and Human Services, the New York State Office for the Aging, and the Westchester County Department of Senior Programs and Services (WCDSPS). In accordance with Federal Law, the WCDSPS prohibits discrimination because of race, color, sex, national origin, religion, age, or handicap, in all aspects of the provisions of services for the benefit and welfare of Senior Citizens, and in all employment practices including hiring, firing, promotion, compensation, and other terms, conditions, and privileges of employment. Further, subcontractors of the WCDSPS shall be required to meet above stated standards.

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