

Ossining Senior Services

May 2024				
Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
<i>*MENU SUBJECT TO CHANGE</i> <i>*If you have a FOOD ALLERGY,</i> <i>please inform the Nutrition Program Manager</i>		10-11am CHAIR YOGA 12:00pm LUNCH GERMAN PORK CHOP 12:30pm SHOPRITE	10:30-11:30am LINE DANCING 12:00pm LUNCH CHCKEN CURRY	12:00pm LUNCH MEATLOAF
6	7	8	9	10
10:30-11:30am BINGO 11:30-12:30pm STAY STRONG 12:00pm LUNCH ITALIAN CHICKEN SAUSAGE	12:00pm LUNCH MEXICAN GROUND BEEF SKILLET	10-11am CHAIR YOGA 12:00pm LUNCH STUFFED SHELLS 12:30pm SHOPRITE	10:30-11:30am LINE DANCING 12:00pm LUNCH BAKED FLOUNDER	MOTHER'S DAY LUNCHEON 12:00pm LUNCH CHICKEN CORDON BLEU
13	14	15	16	17
10:30-11:30am BINGO 11:30-12:30pm STAY STRONG 12:00pm LUNCH SALISBURY STEAK	10:30-11:30am DANCE THERAPY 12:00pm LUNCH ROAST TURKEY	10-11am CHAIR YOGA 12:00pm LUNCH CHICKEN CURRY 12:30pm SHOPRITE	10:30-11:30am LINE DANCING 12:00pm LUNCH EGGPLANT PARM	11-12pm LAUGH YOGA 12:00pm LUNCH BONELESS BREADED PORK CHOP
20	21	22	23	24
10:30-11:30am BINGO 11:30-12:30pm STAY STRONG 12:00pm LUNCH MAC & CHEESE	12:00pm LUNCH MEATLOAF	10-11am CHAIR YOGA 12:00pm LUNCH BAKED FLOUNDER 12:30pm SHOPRITE	10:30-11:30am LINE DANCING 12:00pm LUNCH ASIAN PORK & PEPPERS	MEMORIAL DAY LUNCH & ICE CREAM PARTY 12:00pm LUNCH BBQ CHICKEN
27	28	29	30	31
CLOSED MEMORIAL DAY	12:00pm LUNCH CRISPY BAKED FISH	10-11am CHAIR YOGA 12:00pm LUNCH CHEF SALAD 12:30pm SHOPRITE	10:30-11:30am LINE DANCING 12:00pm LUNCH SWEDISH MEATBALLS	12:00pm LUNCH CHICKEN RATATOUILLE