



OSSINING RECREATION & PARKS DEPARTMENT



SPRING/SUMMER 2016 PROGRAM BROCHURE



SPRING PROGRAM REGISTRATION:

- Spring Program registration begins both on-line and in person on:
Tuesday, March 29th at 9:00am

SUMMER DAY CAMP PROGRAM REGISTRATION DATES:

- On-line begins Tuesday, April 12th at 9:00am
- In person begins on Monday, April 18th*
**See the "Ossining Summer Day Camps 2016" pages for specific dates for each camp.*

Ossining Recreation & Parks Department

95 Broadway, Ossining, NY 10562

Phone: 914-941-3189 Fax: 914-941-3417

www.villageofossining.org - - - - - www.townofossining.com

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RECREATION & PARKS

Superintendent of Recreation & Parks

Christopher Soi

Recreation

Debbie Frieder	Senior Rec. Leader
Bob Chesna	Rec. Supervisor
Ardyce Thornton	Recreation Assistant
Brenna Burrows	Recreation Assistant
Marilyn Kadan	Senior Clerk
Luz Breese	Front Desk Clerk
Gabriel Cardona	Front Desk Clerk
Carlos Urgiles	Building Caretaker
Katrina Baker	Aquatics Instructor
Mike Kane	Aquatics Instructor
Odell Lowery	Pool Caretaker

Parks

Village Foreman	Town Foreman
Larry Abreau	Mario Velardo

Parks Staff

Maso Robinson	Steve White
Patrick Bushell	Jason Clark
Miguel Marra	Juan Toribio
Spencer Thomas Jr.	
Brett Wells	
Brian Cassermere	

Phone Numbers of Interest

Police Non-Emergency	941-4099
Municipal Building	941-3554
Senior Nutrition	762-8953
Ossining D.P.W.	941-4660
Ossining Water Dept.	941-6111

VILLAGE BOARD

Mayor

Victoria Gearity

Board Members

Quantel Bazemore

John Codman III

Rika Levin

Manuel Quezada

Village Manager

Abraham Zambrano

TOWN BOARD

Town Supervisor

Dana Levenberg

Council Members

Karen D'Attore

Kim Jeffrey

Elizabeth Fledman

Northern Wilcher Jr.

RECREATION & PARKS ADVISORY BOARD

Connie Serafin - **Chairperson**

Jackie Shaw Phyllis Smith

Martin Engelhardt Kurt Emerick

Marlene Cheatham Andrew Jimney

John Codman - Village Board Liaison

Kim Jeffrey - Town Board Liaison

Recreation Advisory Board meetings are held at the Joseph G. Caputo Community Center on the **second Monday** of every month at 7:00. Meetings are open to the public and all are welcome to join us. The Board does not meet in July and August.

Visit the "Recreation & Parks" page of the Village website at www.villageofossining.org, for all the recreation and park information you need to know!

Make sure to "Like" us on **Facebook!**



Registration & Department Information

REGISTRATION - SPRING 2016

- Registration for **Spring 2016** programs begin:
 - In Person & On-line: **Tuesday, March 29th at 9:00am.**
 - On-line registration: visit the following link to access our on-line registration site: <https://apm.activecommunities.com/ossiningrecreation>
- All registrations are on a first come, first served basis.
- **Rec ID Card Required:** A current Ossining Recreation Dept. ID card is required to register for **all** programs. ID's must be renewed annually.
- Rec ID Card Fees as of **January 1st, 2016:**
 - **Residents:** \$10.00 (*residing in the Village or Unincorporated Area of Town*)
 - **Non-residents:** \$45.00 - Adult, \$20.00 - Youth
- Rec IDs can be purchased or renewed at the Recreation Office located in the Joseph G. Caputo Community Center **ONLY** during the following days and times:
 - Monday: 9:00am - 3:00pm
 - Tues. - Fri.: 9:00am - 9:00pm
 - Saturdays: 8:00am - 1:30pm
- Proof of residency: one (1) photo ID and one (1) supporting document, i.e. utility bill, lease, tax bill, bank statement. ID must be valid and document must be current.
- Non-resident participants are welcome on a space available basis. Add'l non-resident fees are applied to all programs.
- Fees are listed with each program. Checks or money orders should be made payable to: "**Village of Ossining**" or as otherwise specified in the program description.
- Ossining Senior citizens get a 10% discount on selected programs.
- **NO CASH** accepted for program registration. Please note: small cash purchases such as Rec ID Cards, replacement cards or visitor pool passes may be made by cash, only if exact change is provided and the purchase does not exceed \$50.00. Front Desk Staff do **not** have access to a cash box.
- If a check is returned by the bank for any reason whatsoever, there will be a \$35.00 charge in addition to the charge for the program which must be repaid by certified check or money order within 10 days of notification of same.

ENROLL EARLY!

In order for most of our programs to run, a minimum number of registrations must be reached. Also, many of our programs have a maximum enrollment number as a means of allowing for proper facilitation of the program.

To avoid any issues at the time of registration, the best advice is to **register early...don't wait!** Please note, programs are at risk of being cancelled if registrations are left to the last minute!

REFUNDS

Ossining Recreation does **NOT** issue refunds unless a program has been canceled due to insufficient registration. Registrants assume full responsibility for any changes in their personal life which may affect their ability to participate.

In rare cases, a participant may encounter an unforeseeable, and unavoidable, situation that they feel may warrant a refund of fees paid. These situations require a refund request to be submitted in writing to the Recreation Department and then reviewed on an individual basis by the Superintendent of Recreation, who will make a final refund determination.

MEDICAL INSURANCE

As an applicant for participation in recreation programs offered by the Ossining Recreation & Parks Department, it is extremely important that you are aware that the Town and Village does **NOT** provide a medical insurance policy for such programs. If you do not have a medical insurance policy, we urge that you secure such a policy before you use any park or enroll in any Recreation Department programs.

All persons participating in Recreation & Parks programs do so at their own risk.

JOSEPH G. CAPUTO COMMUNITY CENTER

The Community Center provides many recreation activities and opportunities for the Greater Ossining community. The building is open from 9:00am to 9:45pm Monday through Saturday.

The Community Center which houses the Recreation Offices, includes a music room, art room, game room, multi-purpose room, gymnasium and aquatic center. Also located in the building is the Ossining Heritage Area Visitors Center, an excellent educational exhibit.

Ossining-based, non-profit organizations are permitted to use the Community Center for meetings. An "**Application for Use of Bldgs/Grounds**" must be submitted to the Recreation Department at least 10 working days prior to the planned event.

Approval will be on a first-come, first-served basis. Priority will be given to Recreation Department programming over outside organizations. The art room, multi-purpose room and music room are available for meetings.

NORWEST - REGIONAL SPECIAL SERVICES:

Therapeutic Recreation For Special Populations

Is your child (ages 5 - 21) in a special education program? NorWest may have a recreation program for you. NorWest complies with the regulations of the state and county Health Dept. and is funded by a NYS OMRDD Family Support Service Grant. Call Director Chris Morabito for more info at (914) 737-4797.

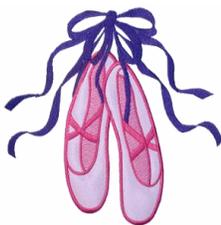
SPRING 2016 - Youth Programs

CLASSICAL BALLET CLASSES

Mommy and Me

Ages: 1 ½ - 3 yrs old
 Day: Thursdays
 Time: 4:00 - 4:45 pm
 Dates: April 21 - June 23
 10 sessions

Day: Saturdays
 Time: 9:15 - 10:00 am
 Dates: April 23 - June 25
 10 sessions



Pre-Ballet

Ages: 5 - 7 yrs old
 Day: Thursdays
 Time: 5:30 - 6:30 pm
 Dates: April 21 - June 23
 10 sessions

Day: Saturdays
 Time: 10:45 - 11:45 am
 Dates: April 23 - June 25
 10 sessions



Creative Movement

Ages: 3 - 5 yrs old
 Day: Thursdays
 Time: 4:45 - 5:30 pm
 Dates: April 21 - June 23
 10 sessions

Day: Saturdays
 Time: 10:00 - 10:45 am
 Dates: April 23 - June 25
 10 sessions



Ballet

Ages: 7 yrs old and up
 Day: Thursdays
 Time: 6:30 - 7:30 pm
 Dates: April 21 - June 23
 10 sessions

Day: Saturdays
 Time: 11:45 - 12:45 pm
 Dates: April 23 - June 25
 10 sessions

Fees: **45 minute classes:** \$160 for one/week \$290 for two/week **1 hour classes:** \$180 for one/week \$325 for two/week

Instructor: Svetla Ferdinandova

Throughout time Classical Ballet has been based on the historical dances of the Royal Palaces. Ballet has always been associated not only with grace, beauty and music, but also with discipline. Ms. Ferdinandova is a professional and qualified Classical Ballet teacher with an extensive educational and stage background (MA in Ballet Pedagogy and Choreography) in the Vaganova (Russian) Method. With over 25 years experience, and having been a dancer and instructor in Europe and the United States, Ms. Ferdinandova has the opportunity to reach the students' heart, which makes them fall in love with dance/ballet. All classes require minimum enrollments in order to run.

USTA - "QUICK START" TENNIS

Spring Program

Ages: 6 to 10 yrs old
 Day: Mondays
 Times: 4:00 - 5:00pm (6 - 7 yrs old)
 5:00 - 6:00pm (8-10 yrs old)
 Dates: April 18 - June 13
 8 sessions - *No class on May 30*
 Fee: \$85.00
 Location: Community Center Gym

Summer Program

Ages: 6 to 10 yrs old
 Day: Saturdays
 Times: 2:00 - 3:00pm (6 - 7 yrs old)
 3:00 - 4:00pm (8-10 yrs old)
 Dates: July 9 - August 13
 6 sessions
 Fee: \$65.00
 Location: Nelson Park Tennis Courts



A graduated length system for the court and the equipment as well as a new scoring system are incorporated into the program. Quick start tennis helps kids learn the basics and actually begin to play the "sport for a lifetime" even if he or she has never picked up a racquet before. Classes are grouped by age and level. Instructors are USTA clinicians assisted by trained aides.

Note: 5 year olds are sometimes considered for the younger class depending on physical readiness. Racquets provided. Children must wear sneakers.

SPRING 2016 - Youth Programs (cont.)

AFTER SCHOOL RECREATION

Grades: 1st - 6th grade
Days: Monday - Friday
Time: 3:00pm - 6:00pm
Dates: Year Round (School Year)
Fee: \$165.00 per month
Payments must be received **prior** to the start of the month a child is registering for.
Location: Community Center



Participants will receive assistance with homework upon arrival, and then participate in arts & crafts projects, games & field trips. Staff will meet the school bus in front of the Community Center to ensure a safe and smooth transition to the After School program. During the spring season Friday trips will be scheduled to various parks & playgrounds. Contact the school district to arrange bussing. Please call the Recreation Office at 941-3189 with any program inquiries.

TGA JUNIOR GOLF

Ages: 5 - 11 yrs old
Day: Thursdays
Time: 4:00 - 5:00pm
Dates: April 21 - June 9
8 sessions
Fee: \$150.00
Locations: Community Center Gym

TGA gives students the tools they need to be successful on the golf course, in the classroom, and in life! This program is instructed in a safe, fun, structured and educational environment. TGA provides all equipment, certified instructors and a great experience students will remember for a lifetime.



OSSINING MARTIAL ARTS

Ages: 16 yrs old & younger
Day: Saturdays (*Optional Practice on Weds.*)
Time: **Saturdays:**
Beginners - 9:30 - 10:30am
Intermediates - 10:30 - 12:15pm
Advanced - 12:30 - 2:00pm
Wednesdays (*Optional practice session*)
Beginners & Intermediate - 6:30 - 8:00pm
Advanced: 8:00 - 9:30pm
Dates: April 23 - July 2
10 weeks
No class on June 11
Fee: \$180.00
Locations: Community Center
Instructor: Pat Premdas.

Ossining Martial Arts teaches two main disciplines, Japanese Jujitsu and Brazilian Jujitsu. We focus heavily on conditioning and discipline, while creating an environment for growth and leadership.



"OPEN REC" @ the COMMUNITY CENTER

When: Monday - Saturday, 6:00pm - 9:45pm
Ages: 8 years old & up
Fee: Free with valid Rec I.D. Card

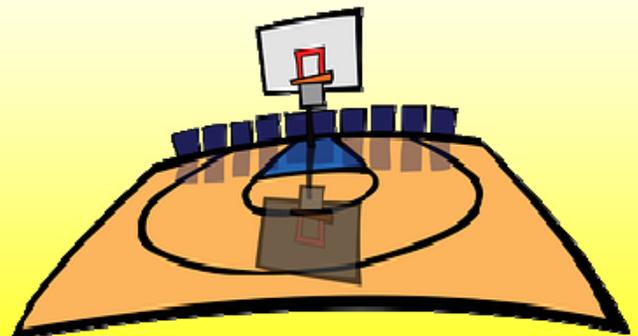
Safe and supervised activities at the Community Center. Activities include: table tennis, billiards, video games, board games, basketball and other group games. Participants are required to sign-in upon arrival and must follow all Community Center rules while on-site. Recreation Department reserves the right to adjust schedule and eligibility as necessary.

GAME ROOM: Participants are allowed to stay in the Game Room until the following times:

- Ages 8 - 10 years old until 8:30 pm
- Ages 11 - 12 years old until 9:00 pm
- Ages 13 - 17 years old until 9:45 pm

GYMASIUM: Participants are allowed to stay in the Gym until the following times:

- Ages 8 - 14 years old until 8:00 pm
- Ages 15 years old and up until 9:45 pm



SPRING 2016 - Youth Programs (cont.)

ART EXPLORERS

Grades: K - 2nd
Day: Wednesdays
Time: 4:15 - 5:45pm
Dates: April 27 - June 15
8 sessions
Fee: \$150.00
Location: Community Center
Instructor: Cathy Faiella

ALWAYS NEW PROJECTS! Enjoy elbow deep excitement experimenting with materials & techniques including 3D fun, painting, drawing, papermache, and collage in an encouraging supportive environment. Your young artist will stretch their imagination & observational skills to develop their own artistic voice while drawing inspiration from famous artists & art from around the world. Creative risk taking was never so much fun!



ART QUEST

Grades: 3rd - 5th
Day: Tuesdays
Time: 4:15 - 5:45pm
Dates: April 26 - June 14
8 sessions
Fee: \$150.00
Location: Community Center
Instructor: Cathy Faiella

Spring is the time for new discovery and some indoor/outdoor messiness! Crazy art exercises will help free up that artist in each of us! Acrylic & Watercolor painting, drawing from still life, collage and more 3D adventures will be covered. Creative risk taking and problem solving is encouraged!



DRAW & PAINT FUN-DAMENTALS

Ages: 6th Grade - Adult
Day: Wednesdays
Times: 6:15 - 8:15pm
Dates: (A) April 27 - May 18
or
(B) May 25 - June 15
4 sessions per class
Fee: \$125.00 per session
\$240.00 for both (A & B) sessions
Location: Community Center
Instructor: Cathy Faiella

EVERYONE can learn to draw and paint! Discover your own creative marks while learning the artist's language by opening up a way of seeing and experiencing color, line and form. FUN, non-threatening exercises will unleash the artist in each of us. The 4 week course includes drawing, acrylics on canvas and beginning watercolors. Bring a smock and a willing spirit! Materials included...could be a fun adventure with your child!

WRITING THE VISION & WALKING IN YOUR PURPOSE: Equipping Your Mind & Soul for 2016 and beyond! Young Adult Edition

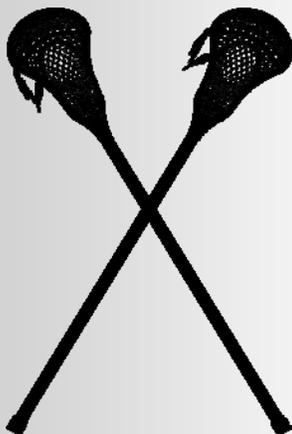
Grades: Middle School & High School
Day: Thursdays
Time: 6:30 - 8:00pm
Dates: April 21 - June 23
10 Sessions
Fee: \$40.00

This program is for any Young Adult who wants to create a strong foundation in goal setting, vision writing, and in understanding of what your purpose is before entering High School or College. Let the Author and Inspirational / Motivational Enthusiast, Chanelle A. Watson and princess Williams help you prepare to walk in your purpose. From writing and creating your vision to applying it, we will help you get started with tackling 2016 and staying focused for beyond. Be prepared to push past any obstacles you have been facing and transform your mind and soul during the process. Come and join us for an opportunity to learn, strengthen, grow and invest time into which you were called to be! For more questions about the workshop, email Chanelle at cwaston@chanelleawatson.com or Princess at pwilliams112@gmail.com.

Youth Sports Organizations

The list below highlights the independent youth sports organizations offering programs in Ossining. Program administration is managed directly by the individual organization and not by the Ossining Recreation & Parks Department. For further information on any of the youth sports organizations, please visit their website or contact them directly through the information provided.

- **AYSO (American Youth Soccer Organization)**
For Complete Registration Information, visit: www.eteamz.com/ossiningayso
- **JESSE A COLLYER JR. BASEBALL/SOFTBALL**
For program details and registration information go to www.jcysports.org.
For specific info on the baseball program email Matthew Lenaghan at madl99@hotmail.com.
For specific info on the softball program email Mary Yost at marypyost@yahoo.com.
- **OSSINING LITTLE LEAGUE FOOTBALL**
For program information, please check out the OLLF website for updates, www.ollf.org
- **OSSINING YOUTH HOCKEY ASSOCIATION (Roller Hockey)**
For program information please visit...www.oyhainfo.org.
- **OSSINING YOUTH LACROSSE**
For program information e-mail Mark Hallinan at mhallinan@ps17.ypschools.org



Special Events/Programs



**The Ossining Recreation & Parks Department
presents the annual...**



EGGSTRAVAGANZA

On **Saturday, March 19th**, join us for a grand egg hunt! Plenty of eggs filled with candy and toys to be found...but don't miss the "special" eggs! Find one of those and win a great prize basket.

The event starts at Ryder Park at 10:00am and at Nelson Sitting Park at 12:00pm. Be there 15 minutes early so you don't miss out. This event is most appropriate for children Pre-K thru 4th Grade.

Please bring your own basket or bag to collect your eggs!

- Meet the "Big Bunny"...bring a camera and take picture with the bunny!
- Plus entertainment provided by "**The Magic Trunk - Puppet Show**".

Day: Saturday, March 19th

Time: Ryder Park at 10:00am
Nelson Sitting Park at 12:00pm

This event is **rain or shine**, so if there is inclement weather or poor field conditions the event will move into the Community Center Gym. Call the Recreation Office at 941-3189 for the most up to date event information.



Special Events/Programs

NEW PROGRAM!!!

Mind, Body, Spirit Ossining!

NEW PROGRAM!!!

The Town of Ossining is kicking off an exciting program this spring at our beautiful Town and Village Parks. Partnering with local businesses, fitness and wellness classes will be offered to the public on the weekends at a Town or Village Park. This program highlights all the best Ossining has to offer, from our many parks, to our talented local trainers and wellness experts. Let's make the mind, body, and spirit of Ossining better this summer!

Here are a few of the programs starting this May:

The Kick-Off to Mind, Body, Spirit Ossining will be at Ossining's First Annual Health and Wellness Day on May 7th at Louis Engel Park with demonstrations from 10:00am to 3:00pm by Enrique Rosario of ICU Fit Training, David Garcia of G.E.M. Fitness Systems, Dragonfly Wellness Yoga Studio, and UMAC Briarcliff

Foundry Fitness Center will have an outdoor cross fit workout session on May 21st at 11:00am at Market Square

Dragonfly Wellness Yoga Studio will be hosting evening flow on June 18th, July 9th, and August 13th at 6:00pm at Louis Engel Park

G.E.M. Fitness Systems' David Garcia will be sharing how to properly warm up and proper workout techniques on May 14th at 11:00am at Richard Wishnie Park and on May 28th at 11:00am at Nelson Park

Club Fit will be offering programs once a month – dates to be announced! May – Stroller Babies at Louis Engel Park, June and August – Hike and Bike! at Crawbuckie Nature Preserve, July – Hatha Yoga at Louis Engel Park, and September – Outdoor Bootcamp for All Levels and All Ages

Susana Radparvar of **Studio95 Sue's Zumba Fitness** will offer Zumba classes twice a month on Sunday afternoons at Cedar Lane Park

Enrique of **ICU Fit Training** will offer his unique 30-minute workout on "Sun-days Fun-days" May-July at 9:30am at Louis Engel Park

Park Locations:

- Louis Engel Park – Ossining Train Station
- Richard Wishnie Park – Pleasantville Road and Orchard Road
- Crawbuckie Nature Preserve – Beach Road
- Cedar Lane Park – 190 Cedar Lane
- Market Square – Main Street and Spring Street
- Nelson Park – Washington Avenue adjacent to South Highland Avenue

Please sign up on the Town's website in advance for as many programs as you're interested in. Stay tuned for additional programs to come and give-a-ways from some of our local fitness centers.

Special Events/Programs

OSSINING VILLAGE FAIR

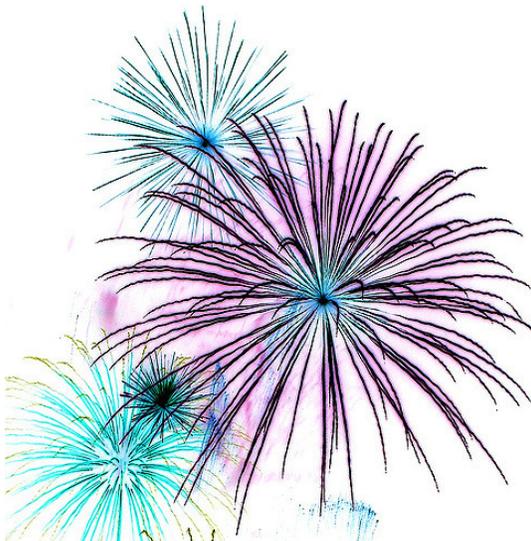
Saturday, June 11th
Main Street
9:00am to 5:00pm

The annual Village Street Fair, with food, vendors, arts & crafts, exhibits and entertainment.



FIREWORKS CELEBRATION

Thursday, June 30th
Louis Engel Waterfront Park
7:30pm - Concert 9:15pm - Fireworks



Join us for a great show and enjoy entertainment before hand with a concert starting at 7:30pm. This is a wonderful event and we hope you can be with us for an evening of fun. A great way to kick off the holiday weekend. Fireworks at approximately 9:15pm.

SUMMER CONCERT SERIES

Starts Friday, July 8th
Louis Engel Waterfront Park
7:00pm - 9:00pm



This family friendly summer tradition continues with a six concerts series on the banks of the Hudson River. Entertainers/Bands are TBA. Concerts will be held on Friday evenings starting on July 8th and running through August 19th.

SPRING 2016 - Adult Programs

CHAIR/FLOOR YOGA

Ages: 18 yrs old & up
 Day: Tuesdays
 Time: 6:15 - 7:15pm
 Dates: April 19 - June 21
 10 sessions
 Fee: \$100.00
 Location: Community Center
 Instructor: Aida Rivie Angela

Class will include all aspects of hatha yoga: Gentle postures (Asanas), breathing techniques (Pranayamas), regular practice and mediation/relaxation. This program promotes skeletal health and is safe for people with osteopenia and osteoporosis. Dr's. permission needed, if diagnosed with any spinal conditions. Required: Yoga mat - keeps chair from sliding and a pillow/cushion for comfort.



MAT PILATES SCULPT

Ages: 15 yrs old & up
 Day: Wednesdays
 Times: 7:15 - 8:15pm
 Dates: April 27 - June 29
 10 sessions
 Fee: \$150.00
 Location: Community Center
 Instructor: Sara Martinez

Mat Pilates improves and creates awareness of postural alignment and balance in the body. In using many muscles of the body simultaneously, the body becomes toned and develops strength for everyday functional activities. The flowing chain of movement is therapeutic and energizing as you release tension in the body. We will use bands to accentuate muscle toning. Please bring your own mat, band and water. Please contact Sara Martinez w any questions for immediate reply: sarasmile329@gmail.com



BALLET FITNESS FOR ADULTS: WHITE SWAN

Ages: 18 yrs old & up
 Day: Thursdays or Saturdays
 Time: Thurs.: 6:30 - 7:30pm
 Sat.: 12:30 - 1:30pm
 Dates: April 21 - June 23
 10 sessions
 Fee: \$150.00

Location: Community Center
 Instructor: Svetla Ferdinandova
 These fitness exercises are ballet based - Floor, Barre and Center! This is the perfect exercise for women's bodies because you can concentrate on weight loss while acquiring the gracefulness of a ballerina. The class also aims to build self-confidence and develop aesthetically pleasing results. Ms. Ferdinandova is a professional and qualified Classical Ballet teacher with an extensive educational and stage background in Vaganova Russian Method. She holds an M.A. in Ballet Pedagogy and an M.A. in Choreography.



OSSINING MARTIAL ARTS

Ages: 16 yrs old & older
 Day: Saturdays (Optional Practice on Weds.)
 Time: Saturdays: 12:30 - 2:00pm
 *Wednesdays: 8:00 - 9:30pm
 *Optional practice session
 Dates: April 23 - July 2
 10 weeks
 No class on June 11
 Fee: \$180.00

Locations: Community Center
 Ossining Martial Arts teaches two main disciplines, Japanese Jujitsu and Brazilian Jujitsu. We focus heavily on conditioning and discipline, while creating an environment for growth and leadership.



SPRING 2016 - Adult Programs (cont.)

DRAW & PAINT FUN-DAMENTALS

Ages: 6th Grade - Adult
Day: Wednesdays
Times: 6:15 - 8:15pm
Dates: (A) April 27 - May 18
or
(B) May 25 - June 15
4 sessions per class
Fee: \$125.00 per session
\$240.00 for both (A & B) sessions
Location: Community Center
Instructor: Cathy Faiella

EVERYONE can learn to draw and paint! Discover your own creative marks while learning the artist's language by opening up a way of seeing and experiencing color, line and form. FUN, non-threatening exercises will unleash the artist in each of us. The 4 week course includes drawing, acrylics on canvas and beginning watercolors. Bring a smock and a willing spirit! Materials included...could be a fun adventure with your child!



STAINED GLASS WORKSHOP

Ages: 18 yrs old & up
Day: Thursdays
Time: 6:30 - 8:00 pm (Beginners & Advanced)
Dates: April 21 - June 9
8 sessions

Fee: \$85.00
Location: Community Center
Instructor: Joan Peske

Instructor Joan Peske of Frog Hollow Glassworks offers a beginners class and a continuing class for students already working in stained glass. Beginners can purchase a \$140 starter kit, just materials or both which will be available the first night of the program. They will be instructed in the copper foil (Tiffany) method of stained glass and will complete at least one panel. Safety glasses must be worn.

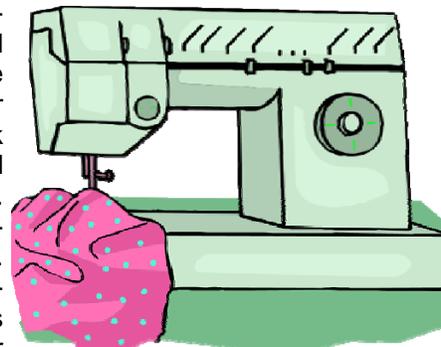
INTRO TO SEWING

Ages: 18 yrs old & up
(Children at least 8 yrs of age are eligible if accompanied by a registered adult)

Day: Fridays
Time: 6:30 - 7:30 pm
Dates: April 22 - June 10
8 sessions

Fee: \$100.00 (\$60/child with registered adult)
Location: Community Center
Instructor: Betty Fletcher

This class is an introduction to sewing that will show you how to make clothes and other items for you and your family. Think curtains, pillow cases and your own creative projects. Basic supplies are included in the program fee. For more detailed information or any questions please call Betty Fletcher at 914-426-5079.



SPRING 2016 - Adult Programs (cont.)

TENNIS PROGRAMS & TEAM PLAY

TENNIS COURTS at NELSON PARK

The Recreation & Parks Department maintains four (4) har-tru tennis courts with lights at Nelson Park. In order to take advantage of these courts a valid 2016 Tennis Permit is required. Department staff will make periodic checks to make sure all players have the appropriate permit.

2016 Tennis Permit Fee: \$75.00/season
(Current Rec ID Card also required)

USTA LEAGUE PLAY

Ossining hosts several USTA teams during the outdoor season. Teams are available and being formed.

If you are interested please inquire by e-mail:
getyourtennison@gmail.com

MIXED DOUBLES - Under the lights!

Starting in May, you can play mixed doubles under the lights on Friday nights at Nelson Park! It will be a Round Robin format (levels will be intermingled).

The fee is \$15.00 per person which covers the new tennis balls and food/beverage.

Registration is on a first come, first served basis and is handled by EMAIL ONLY. If interested, send e-mail to:
getyourtennison@gmail.com



UNITED STATES TENNIS ASSOCIATION



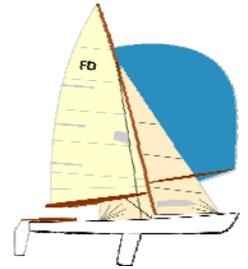
STARTER TENNIS - ADULTS

Ages: 18 yrs old & up
Days: Thursdays
OR
Saturdays
Time: Thurs: 6:00pm-7:00pm
Sat: 1:00pm-2:00pm
Dates: Thurs: June 9 - July 7
Sat: June 11 - July 9
Fee: \$70.00
Location: Nelson Park Tennis Courts
Introductory 5 - week program for **NEW** players to the game. One hour per week for 5 weeks. Minimum 4, maximum 6 players per group. Racquets available. Participants must wear sneakers.

COMMUNITY PROGRAMS & ATTRACTIONS

COMMUNITY SAILING PROGRAM

The sailing program now has two 23 foot sailboats ready for those who know how to sail or who want to take up sailing. Join for the upcoming season and get real hands on experience while meeting others who love to sail, socialize and get out on the Hudson River with the group. Once you have been out on the Hudson you will never look at Ossining in the same way again. Group sailing events are scheduled all season long so call 941-3189 for a registration form and contact information. This is one of the best deals in town. You can also reach the Ossining Community Sailing Club for more information at: membershipocsc@yahoo.com



OSSINING ORGANIC COMMUNITY GARDEN (OOCG)

Located in Cedar Lane Park, in Ossining is dedicated to providing the Ossining community access to growing vegetables, fruit, and flowers through sustainable organic gardening practices. The OOCG creates partnerships that extend beyond the garden walls through educational programs and outreach with the Ossining community at large. Organic Community Garden is accessible for gardeners with limited mobility. All new and returning gardeners must register, pay the fees and attend the mandatory orientation session in April. For more information and any questions, please contact the OOCG Committee by e-mail: ocgcoords@gmail.com.



BRYAN J. JOHNSON MEMORIAL BOAT RAMP - Louis Engel Waterfront Park

Eligibility: For boats up to 26 feet

Season: April-October

Fee: \$30.00 Daily use - resident \$50.00 Daily use - non resident
\$90.00 Season Pass - resident \$150.00 Season Pass - non resident

Daily passes can be purchased at ramp, season passes at the Community Center, call 941-3189. There will be an attendant on duty so "no pass - no use" is the policy.



FARMERS MARKET

Ossining's Down to Earth Farmers' Market, located at the corner of Main and Spring St., runs every Saturday, year-round, rain or shine. From May 21st through December 17th the market hours are 8:30am-2pm. The market features locally grown produce and fruit, farm raised poultry and meats, grass fed beef and heritage pork, eggs, honey, breads, pastry, pies, old fashioned cider donuts, farmstead cheese and other locally-sourced specialty foods. There is a Community Table program available to local Chamber members to reserve a table for informational purposes about their business. Inquiries should be sent to: info@DowntoEarthMarkets.com



OSSINING HERITAGE AREA & VISITORS CENTER

Located in the Joseph G. Caputo Community Center, the Ossining Heritage Area and Visitors Center offers life size exhibits on Sing Sing Prison, Old Croton Aqueduct and other significant historical information about Ossining. Ossining is one of fifteen areas in New York State to be included in this unique program designed to preserve the State's heritage and use historic, educational and recreational tools for economic development. **No fee to enter.**



OSSINING SUMMER DAY CAMPS 2016

REGISTRATION INFORMATION

Two (2) registration options: "On-Line Sign Up" or "In Person Registration"

ON-LINE SIGN UP:

On-Line sign up for the Ossining Summer Day Camp program begins on **Tuesday, April 12th at 9:00am**. The on-line option is quick and convenient, and avoids waiting in line when registering in person.

Signing up on-line requires:

1. A "family/household" account that is set-up through the Recreation Department. This must be done in advance.
2. A current Rec ID card for the child/children being registered. The purchasing or updating of a Rec ID card can only be done in person at the Recreation Office. Proof of residency is **required**, please present a picture ID and a utility bill, lease and/or bank/credit card statement with your current address.

IMPORTANT ON-LINE SIGN UP REGISTRATION INFORMATION

By signing your child up on-line you have secured a spot for your camper, however your registration is **not complete!**

Registration is only completed upon submission of **all** required paperwork to the Recreation Office at the Community Center.

You must submit items **A, B & C** from the "Required Paperwork/Documents" list (see right hand column) to the Community Center within 2 weeks from the date the child was signed up on-line. If the paperwork is **not** received within two weeks, the Recreation Department reserves the right to withdraw your child's on-line sign up.

IN PERSON REGISTRATION:

In person Day Camp registration at the Community Center is scheduled as follows:

Ryder Park Day Camp:	Mon. 4/18 at 7:00pm Grades: 1st - 4th
Claremont Day Camp:	Tues. 4/19 at 7:00pm Grades: 1st - 4th
Pre-K Day Camp: @Brookside School	Wed. 4/20 at 7:00pm Grade: Pre-K
Kindergarten Day Camp: @Brookside School	Wed. 4/20 at 7:00pm Grade: Kindergarten
Veterans Park Day Camp:	Thurs. 4/22 at 7:00pm Grades: 5th - 8th

Reminder: a current Rec ID card is **required** to register for camp.

**Summer Camp
Registration**

Day Camp Registration - Required Paperwork:

In order to register, you **must** have the following paperwork/documents properly submitted:

- A. Completed camp registration form
- B. Copy of Birth Certificate
- C. Copy of immunization records
- D. Child's Rec ID card - current
- E. Checks or money order made out to:
Village of Ossining

Please note: When registering more than one child, the above is required for each child.



OSSINING SUMMER DAY CAMPS 2016

CAMP INFORMATION

PRE-K CAMP

Grade: Pre-K in Fall 2016
Location: Brookside School
Time: 9:00am - 1:00pm
Dates: June 27 - August 5
6 weeks
Fee: \$485.00 1st child
\$365.00 each additional child

The Pre-K camp is open to children who will be attending Pre-K in the Fall of 2016. The camp will include arts and crafts, music, creative activities, water spray park, playgrounds and special events. Children must be toilet trained.

KINDERGARTEN DAY CAMP

Grade: Kindergarten in Fall 2016
Location: Brookside School
Time: 9:00am - 3:00pm
Dates: June 27 - August 5
6 weeks
Fee: \$500.00 1st child
\$380.00 each additional child

This program is geared to children entering Kindergarten in Fall 2016, featuring arts and crafts, games, one day a week at water spray park and playground, special events and entertainment.

CLAREMONT DAY CAMP

Grades: 1st thru 4th in Fall 2016
Location: Claremont School
Time: 9:00am - 3:00pm
Dates: June 27 - August 5
6 weeks
Fee: \$585.00 1st child
\$465.00 each additional child

Supervised group activities including sports, arts and crafts, special events and entertainment with one day a week at the Aquatics Center. To be eligible child must be entering grade 1st - 4th in Fall 2016.

RYDER PARK DAY CAMP

Grades: 1st thru 4th in Fall 2016
Location: Ryder Park, Morning Side Dr.
Time: 9:00am - 3:00pm
Dates: June 27 - August 5
6 weeks
Fee: \$585.00 1st child
\$465.00 each additional child

Supervised group activities including arts and crafts, outdoor sports, special events, tennis lessons and one day a week at the Aquatics Center. To be eligible child must be entering grade 1st - 4th in Fall 2016.



VETERANS PARK CAMP

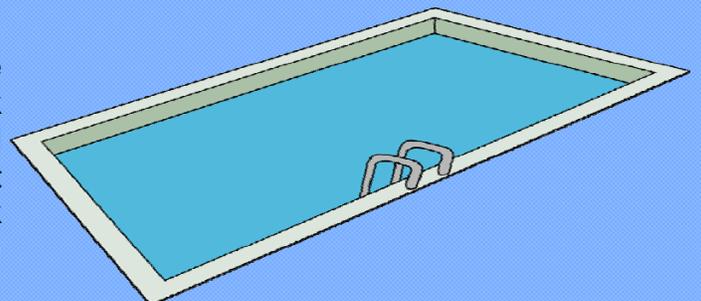
Grades: 5th thru 8th in Fall 2016
Location: Veterans Park, Narragansett Ave
Time: 9:00am - 3:00pm
Dates: June 27 - August 5
6 weeks
Fee: \$745.00 1st child
\$625.00 each additional child

This camp will offer a variety of activities to keep campers active and engaged over the course of the season. Sports, arts & crafts, kayaking, group games, special events and swimming one day a week at the Aquatics Center.

NEW for 2016 - we will offer 6 trips over the course of the camp program. That is one trip a week to area attractions such as Splashdown Waterpark, Hudson Valley Renegades, Rye Playland and more! To be eligible child must be entering grade 5th - 8th in Fall 2016.

POOL TIME!

Ryder Park Day Camp, Claremont Day Camp, and the Veterans Park Day Camp will spend one (1) day a week at the Community Center Aquatics Facility. Campers will be dropped off and picked up at the lower parking lot next to the Aquatics Center. The specific day of the week for each camp will be available on In Person Registration Night.



SPRING 2016 - Aquatics Programs

OPEN SWIM - 2016 Fees

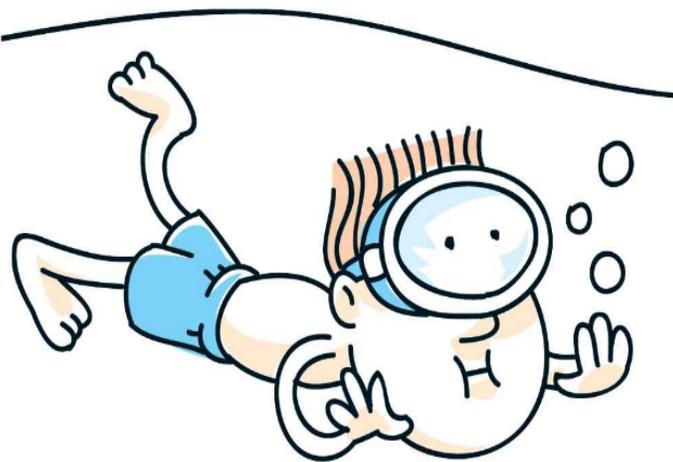
Fee*: \$15.00 for adults
 \$10.00 for youth (under 21 yrs old)
 *A current Rec ID Card is required
 Non-residents: \$400.00 for an adult pass, plus
 \$20.00 for additional family members.

Times: Mon.- Fri.: 1:30pm - 3:00pm &
 7:00pm - 9:00pm*
 Saturdays: 1:00pm - 6:00pm
 Sundays: 1:00pm - 4:00pm

Times are subject to change. See "Pool Schedule" for more detail. Feel free to call ahead to confirm "Open Swim" hours, 941-3189.

A current Rec ID Card is **required** to register for "Open Swim".

Please note: Lap Swimming is **not** permitted with "Open Swim" registrations



LAP SWIMMING

Fee: \$300.00 - Village residents
 \$400.00 - Town (Unincorporated Area) residents
 \$600.00 - Non-residents
Fee is prorated starting the first of the year

Days: Monday - Friday
 Times: 6:00am - 9:00am
 12:00 - 3:00pm* (1:30-3:00pm w/Open Swim)
 7:00pm - 9:00pm
 *Except on Weds, pool closes 12-2pm for cleaning

At least two lanes are available for your convenience. Additional Lap Swimming times may be added when pool availability allows. Rec ID cards must be current to register for Lap Swimming.



AQUATIC BOOT CAMP: GET IN SHAPE with LIZZ

Days: Saturdays & Mondays
 Time: Saturdays: 4pm - 5pm
 Mondays: 7pm - 8pm

Dates: April 16 - June 25
 10 week program

Fee: \$175.00 one (1) day per week
 \$275.00 two (2) days per week

Enjoy low impact with high impact results, burn calories, tone your body, flatten your abs, and strengthen your core!

Your instructor, Lizz is a NY State Certified Personal Trainer with over 10 years experience and is a Reiki master and massage therapist. Saturday and Monday are separate programs.



SENIOR SWIM

Days: Monday - Friday
 Time: 10:00am - 12:00pm
 Fee: \$1.00 per day

It is designed to give seniors more experience in the water and share with them different exercises at several levels that they can perform. The water workout will consist of exercises using the barbells and water noodles at various levels to which class members can perform. A current Rec ID is required in order to participate.

BIRTHDAY PARTIES @ the Pool

Fee: \$200.00
 Ages: 6 - 12 yrs old
 Limit 20 children per party

Day/Time: Saturday afternoons, 2 time slots
 1st: 1:30pm - 4:30pm
 2nd: 4:30pm - 7:30pm
 (Times include set-up and cleanup)

Birthday Party rentals are only available to Ossining residents. The \$200.00 fee includes approx. two hours in the multi-purpose room, and approx. one hour in the pool. An adult must be present at all times during the party.

****FOOD AND DRINKS ARE NOT PROVIDED****

OSSINING RESIDENTS ONLY



SPRING 2016 - Aquatics Programs

Ossining Aquatic Center

SPRING 2016 Pool Schedule

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
6:00AM-9:00AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
9:00AM-10:00AM	Lessons	Lessons	Lessons	Lessons	Lessons	8:20AM-1:00PM Learn-to-Swim Lessons	
10:00AM-11:00AM	Senior Swim	Senior Swim	Senior Swim	Senior Swim	Senior Swim		
10:30AM-11:00AM	Exercise	Exercise	Exercise	Exercise	Exercise		
11:00AM-12:00PM	Senior Swim	Senior Swim	Senior Swim	Senior Swim	Senior Swim		
12:00PM-1:30PM	Lap Swim	Lap Swim	Wednesdays Pool closed 12-2PM	Lap Swim	Lap Swim	Open Swim begins at 1:00pm until 6pm	Open Swim begins at 1pm until 4pm
1:30PM-3:00PM	Open/Lap Swim			Open/Lap Swim			
3:00PM-7:00PM	Swim Team Practice	Swim Team Practice	Swim Team Practice	Swim Team Practice	Swim Team Practice		
6:30PM-8:00PM		Lessons	Lessons	Lessons			
7:00PM-9:00PM	Open Swim	Open Swim*	Open Swim*	Open Swim*	Open Swim		
7:00PM-9:00PM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		



OPEN SWIM:*7:30pm start to Open Swim on Tuesday - Thursday

LAP LANES ARE FOR REGISTERED LAP SWIMMERS ONLY

Please note: Recreation Dept. may change/adjust schedule when deemed necessary

SPRING 2016 - Aquatics Programs (cont.)

OSSINING AQUATICS:

SWIMMING LESSON PROGRAM

Swim lessons are often an anxious, but memorable, experience for many novices, children and adults alike. We strive to create a low stress, high reward environment for beginner and intermediate swimmers by maintaining a polite and professional staff of fun and energetic instructors who love to teach swimming.

Swimmers will overcome fears, gain confidence and strength, and believe in themselves as they learn the basics of safety, respect, and skill development in the water.

IMPORTANT NOTE: Swimmers not registered for the proper level will be reassigned to the correct level based on availability. If you are unsure of your swimmer's placement, please see a member of the aquatics staff (at the pool) for an appropriate assignment.

All lessons consist of eight (8) classes, and begin the week of Tuesday, April 19th

PARENT/TOT SWIM CLASS

This program is designed to give young children experience in the water in the comfort of their own parent/caregiver. The ages for this program will be 6 months – 3 years old. Within your 8 week session, the parent/caregiver and child work together



to learn basic skills such as bubble blowing, kicking, big arms, and safety jumps. Through games, water play and the use of flotation devices/toys, your child will become comfortable in the pool. Class size is limited to 6 participants.

Date: Lessons begin the week of Tuesday, April 19th
No class: Monday, April 18th

Fee: \$110.00 for eight (8) 30 minute classes

Sections:

A:	Monday	9:30am
B:	Tuesday	9:30am
D:	Thursday	9:30am
E:	Friday	9:30am
F:	Saturday	9:40am
G:	Saturday	10:30am



LEARN TO SWIM - Level 1

Our goal is to build your child's confidence by creating a safe and fun environment where they can explore the possibilities of the water through skills which will increase their love of the water and ability to swim. Swimmers advancing to Level 2 should be confident in the water and be able to both put their face in the water and kick properly. Class size is limited to 4 participants.

Date: Lessons begin the week of Tuesday, April 19th

Fee: \$120.00 for eight (8) 30 minute classes

Sections:

A:	Tuesday	6:20pm
B:	Tuesday	6:20pm
C:	Wednesday	9:30am
D:	Wednesday	7:00pm
E:	Thursday	6:20pm
F:	Thursday	6:20pm
G:	Saturday	8:20am
H:	Saturday	8:20am
I:	Saturday	9:40am
J:	Saturday	11:15am
K:	Saturday	11:15am

LEARN TO SWIM - Level 2

Building on the skills learned in Level 1, swimmers will complete the task of becoming independent in the water. Swimmers will learn various safety positions and the beginning skills needed to become an efficient and confident swimmer. Graduation of Learn to Swim will include a deep end test, where swimmers will prove their aquatic readiness. Class size is limited to 6 participants.

Date: Lessons begin the week of Tuesday, April 19th

Fee: \$120.00 for eight (8) 30 minute classes

Sections:

A:	Tuesday	6:20pm
B:	Wednesday	7:00pm
C:	Thursday	6:20pm
D:	Saturday	8:20am
E:	Saturday	9:40am
F:	Saturday	9:40am
G:	Saturday	11:15am

SPRING 2016 - Aquatics Programs (cont.)



SKILL SCHOOL - Level 3

Strictly for swimmers who are safe in the water and capable in the deep end, participants will learn many of the fun drills that make aquatics an enjoyable, life long skill. Using different techniques and equipment, kids will learn the basics of above and under water swimming and the safety concerns related to diving and jumping in the water. Swimmers advancing to Level 4 should be able to swim underwater, hold a streamline position while kicking, and show an understanding of the freestyle and backstrokes. Class size is limited to 6 participants.

Date: Lessons begin the week of Tuesday, April 19th

Fee: \$120.00 for eight (8) 30 minute classes

Sections:

A:	Tuesday	7:00pm
B:	Wednesday	6:20pm
C:	Thursday	7:00pm
D:	Thursday	7:00pm
E:	Saturday	9:00am
F:	Saturday	9:00am

SKILL SCHOOL - Level 4

Building on the skills acquired in Level 3, swimmers will learn the freestyle and backstroke, various diving techniques, and how to properly tread water for up to a minute. Graduation of Skill School will include a one lap (25 meter) freestyle and backstroke test including proper push-offs, introductory diving techniques, and competent breathing to the side or back. Class size is limited to 6 participants.

Date: Lessons begin the week of Tuesday, April 19th

Fee: \$120.00 for eight (8) 30 minute classes

Sections:

A:	Tuesday	7:00pm
B:	Tuesday	7:00pm
C:	Wednesday	6:20pm
D:	Thursday	7:00pm
E:	Saturday	9:00am
F:	Saturday	9:00am
G:	Saturday	12:00pm



STROKE SCHOOL - Levels 5 & 6

Stroke School is our introduction of swimming as a competitive sport. Swimmers will learn the 4 competitive strokes, understand how a swim practice is administered, and learn about the basics of swimming as a team sport. Graduation of Stroke School will include successful completion of 50 meters of freestyle and backstroke, 25 meters of introductory fly and breaststroke, and the mental and physical maturity to participate on the Spartans Swim Team. Class size is limited to 12 participants.

Date: Lessons begin the week of Tuesday, April 19th

Fee: \$120.00 for eight (8) 30 minute classes

Sections:

A:	Tuesday	6:20pm
B:	Wednesday	7:00pm
C:	Thursday	6:20pm
D:	Tues. & Thurs*	6:20pm *Fee: \$220.00
E:	Saturday:	10:20am

ADULT SWIM LESSONS:

for beginner to intermediate swimmers

We believe that you can learn how to swim and/or improve your aquatic skills no matter your age, fear level, or training regimen. From swimmers who are afraid of the water to athletes training for their next triathlon, instructors offer an array of advice to help facilitate your own personal progression in the water.

Date: Lessons begin the week of Tuesday, April 19th

Fee: \$145.00 for ten (10) 30 minute classes

Day: Saturdays

Time: 10:20am

MASTER SWIMMING PROGRAM

Days: Tuesdays & Thursdays

Times: 7:00 - 8:30pm

Fee: April - Sept. \$250.00

Oct. - March \$250.00

Our goal is to have the best and most inclusive Masters swim team in New York. We are looking for swimmers proficient in all strokes. If you are looking for a great aerobic workout while enjoying the social aspects of a community team, this may be for you. We are presently holding free try-outs from 7:00 to 8:30pm. If you want to challenge your mind and body, work on your swimming technique, and have a great time then come on down.

Lap Swim registration is **required** and current Rec ID card must be obtained before you can register for this program.

SPRING 2016 - Aquatics Programs (cont.)

Spartans Swim Team

The Spartans Swim Team's goal is to build the most innovative youth sports program in the country, serving as a magnet program for the Village/Town of Ossining, its residents, and surrounding areas. Through year-long swim racing competitions including local recreation leagues, summer club leagues, Westchester County Championships (*The Counties*), and the pinnacle of amateur swimming competition—USA Swimming, the Spartans offer a unique development platform for athletes at all levels of swimming proficiency. The coaching staff are full-time, professional swim coaches, and include a close training and philosophical partnership with the Ossining High School Varsity Swim Teams.

The *Spartans Experience* is further enhanced by a parent-organized Booster Club which embraces the simple mission of "Happy Racers, Happy Parents!" The Spartans Swim Team Boosters add ground-breaking contributions to the team such as busing to and from every competition and the technological capacity to film every race of every swimmer for all to share, learn, and enjoy.

While the team has gained regional recognition for the competitive accomplishments of its swimmers in its short 6-year existence, its focus remains on developing the character, team contribution, and community pride in each of its athletes. The Spartans do their work in the pool for the lifelong benefit of learning how a proper mix of attitude, focus, practice, joy, and persistence are necessary to accomplish any goal they ever seek outside the pool.



Visit the team website for more program details and contact info at www.spartansswimteam.com

Program Fee:

Resident: \$125.00 per month
Non-resident: \$145.00 per month

Try-outs are ongoing throughout the year. Interested swimmers can visit the pool and inquire about scheduling a try-out with Coach Mike, or e-mail him at: coachmike@spartansswimteam.com

2016 Spring/Summer

Weekday Practice Times:

Senior/Junior	3:00pm - 4:30pm
Gold	4:30pm - 5:30pm
Silver	5:30pm - 6:15pm
Senior/Junior/Gold	5:45pm - 7:00pm



SENIOR CITIZENS PROGRAMS

NUTRITION PROGRAM

Delicious hot meals are served at the Joseph G. Caputo Community Center on Broadway, five days a week, Monday through Friday. Any person 60 years of age or over is invited to participate. However, advance reservations are required. Call the Nutrition Center at 762-8953 for more information

HOME DELIVERED MEALS

This program is available for people 60 or older who meet Westchester County Department of Senior Programs and Services eligibility requirements. For more information, call the Nutrition Center at 762-8953 for more information



NUTRITION CENTER: ON-GOING PROGRAMS/ACTIVITIES

For more information, call the Nutrition Center at 762-8953 for more information

BLOOD PRESSURE SCREENING

Joseph G. Caputo Community Center
Last Tuesday of every month
Time: 11:00 am

KNITTING CLASS

Joseph G. Caputo Community Center
Mondays
Time: 10:00am
Ongoing

BINGO

Joseph G. Caputo Community Center
Mons., Weds., & Fri.
Time: 12:45 - 2:00pm
Ongoing

EXERCISE - Aerobics

Joseph G. Caputo Community Center
Wednesdays
Fee: \$35.00
Time: 11:00am - 12:00pm
Instructor: Carl Tucker
Ongoing

BOCCE FOR SENIORS

Joseph G. Caputo Community Center
Wednesdays & Fridays
Time: 1:00 - 4:00pm
Ongoing

DANCE AND EXERCISE

Joseph G. Caputo Community Center
Thursdays
Time: 10:30 - 11:30am
Instructor: Cameron Kelly
Ongoing

OSSINING GOLDEN AGERS CLUB #1

Business meetings are held at the Joseph G. Caputo Community Center on Tuesdays from 1:00pm to 4:00pm. Club activities include bowling, bocce, bingo, crafts, trips, dinners, dances and holiday parties.

All residents age 60 and up are invited! Stop by the Community Center gymnasium on Tuesday afternoons to learn more about this program and activities... you can even join in on the bingo!



NUTRITION CENTER: ON-GOING PROGRAMS/ACTIVITIES (Cont.)

ART CLASS

Joseph G. Caputo Community Center
Thursdays
Time: 12:45 - 3:15 PM
Instructor: Paul Jeffries
Ongoing

FOOD SHOPPING

Joseph G. Caputo Community Center
Thursdays
Time: 12:45
*Must eat lunch in order to go on trip. Call for reservation, 762-8953.
Ongoing

TAXI COUPONS

Joseph G. Caputo Community Center
Tickets sold daily Monday - Friday
Time: 9:00am - 2:00pm
Ages: Must be 70 years old or older
Fee: \$3 per coupon

WALKING PROGRAM

Joseph G. Caputo Community Center
Monday, Wednesday, Thursday, Friday
Time: 9:30 - 10:00am
Ongoing
A regular program of walking can provide many health benefits. It can increase energy levels, reduce body fat and reduce the risks of heart disease, high blood pressure,

RUOK – Free program

Phone calls are made from the Nutrition Center every morning to make sure residents 60 and older are okay. Calls are made at 8:00am or 9:00am, your choice. To register for this service call the Nutrition Center at 762-8953.





Christopher Soi
Superintendent

OSSINING
RECREATION AND PARKS DEPARTMENT
Joseph G. Caputo Community Center
95 Broadway
Ossining, NY 10562
(914) 941-3189
(914) 941-3417 Fax



Program Registration Form - 2016

1. PARTICIPANT INFORMATION:

Name (First/Last): _____

Gender: *Male* *Female* Date of Birth: ___/___/___ Grade (if applicable): _____

Parent/Guardian Name (First/Last): _____

Address: _____

Town: _____ State: _____ Zip Code: _____

E-mail: _____

Phone #'s: Home () _____ Work () _____ Cell () _____

Emergency Contact - Name & Phone #: _____

Check one:

Resident: Village of Ossining *or* Unincorp. Town of Ossining Non-Resident: (incl. Briarcliff Manor)

RESIDENCY REQUIREMENT: You are considered a resident if the property where you reside pays Village or Town taxes to Ossining. Participants residing in Briarcliff Manor are considered non-residents.

2. PROGRAM INFORMATION:

Program Name*: _____ Program Fee \$: _____

**Please provide full program name, including day & time of program (if applicable).*

3. UPDATE RECREATION ID CARD (Optional):

Complete this section only if the participant has been previously issued a Rec ID and it needs to be updated. Valid/Updated Rec ID Cards are required for participants registering for any department program. Rec ID Cards must be updated annually.

Rec ID Card Fees:	RESIDENTS: Village & Unincorp. Town	Youth or Adult:	\$10.00 _____
	NON RESIDENT:	Youth:	\$20.00 _____
		Adult:	\$45.00 _____
	ID Card Replacement Fee:		\$5.00 _____

IMPORTANT REMINDER: Program registration form and payment will not be processed and will be returned to participant, or parent/guardian of participant, if participant's Rec ID Card is **not** valid at the time of registration.

In consideration of my (or my child's) participation in this activity, I hereby release the Village/Town of Ossining, the Ossining Recreation Department, and its representatives, successors and volunteers from any and all liability arising from accident, injury, and illness that I (he/she) may suffer as a result of my (our) participation in this activity. I (we) also will follow the rules and regulations set by the Ossining Recreation and Parks Department.

Signature: _____ Date: _____

Photo & Video Consent Opt-Out

I do **not** grant the Ossining Recreation Department the right to use photographs or video of me or my child(s), in conjunction with other persons or objects in presentations, advertising, publicity, and promotion relating thereto. *Please initial* _____

FOR OFFICE USE ONLY:

Fee Paid \$: _____ Date: _____ Check #: _____ Received by: _____